Sacred Heart School Thornlie

From the Heart Newsletter - 22 May 2026

Sacred Heart Primary acknowledge the Traditional Owners and Custodians of the land, including the Whadjuk people of Noongar Boodjar in Perth, and pay respect to Elders past and present, extending that respect to all First Nations people present.

Spirit of God, grant me:

The gift of **wisdom** to see the world through your eyes,

The gift of **counsel** to make difficult decisions,

The gifts of **knowledge** and **understanding** to use my mind to know you and to love you,

The gift of **fortitude** to have the courage to live in the faith Despite the difficulties and disappointments,

The gift of **piety** To be able to express my special love and commitment to you,

And the right kind of awesome **fear** that makes me pause to wonder and revere God's Love.

Amen.

Our Feature photo this week…Our School Choir!

It was an absolute pleasure this week to visit the school choir who are practicing for the Performing Arts Festival. They already sound absolutely amazing! Students can join the choir from Year 3 – Year 6. We thank students and parents for their commitment to attend early morning rehearsals. Our choir provides the music for our Sacramental masses and school masses and their voices blend so beautifully. Thank you to Mrs Vinci and our accompanist Ben who train and support these dedicated students.

A message from the Principal

Dear Sacred Heart Community members,

We are so blessed to have a vibrant and active community where there is always something exciting happening for our students and staff.

We look forward to celebrating the Sacrament of Confirmation with our Year 6 candidates. May the Holy Spirit fill you with courage, strength and faith throughout your lives. A special thank you to Father George, our parish catechists, Mrs Poole, Mr Allis and Miss Reilly for all your hard work in preparing the students and the multiple items that need to be organised for the ceremony.

Religious focus– Pentecost

This Sunday is Pentecost Sunday

Pentecost is a Christian celebration held 50 days after Easter. It is often called the **"birthday of the Church."**

For Catholics and other Christians, Pentecost remembers when the **Holy Spirit came to Jesus' followers,** giving them courage to share His message. The Bible describes this as a **strong wind and tongues of fire,** and the followers could speak in different languages so everyone could understand.

- For **Catholics,** it reminds us that the Holy Spirit guides us to do good.
- For others, it is a story about **courage, unity, and understanding across cultures.**

Pentecost encourages us to:

- Work together
- Include everyone
- Use our gifts to make a positive difference

It is a message of **community, respect, and kindness for all.**

God Bless

Mrs Darlene Min

Principal

Why Sleep Matters for Children

Australian research from the Murdoch Children's Research Institute highlights that sleep is essential for children's growth, learning, memory and emotional wellbeing. Many Australian children experience sleep difficulties, and a lack of sleep can negatively impact behaviour, attention, and school learning. [mcri.edu.au][1]

[1] https://www.mcri.edu.au/impact/a-z-child-adolescent-health/s/sleep

Poor sleep has been linked to inattention, reduced coping skills, and difficulties with memory and learning, while healthy sleep supports children to concentrate, regulate emotions, and succeed at school. [mcri.edu.au][2]

What can families do?

- Aim for about 9–11 hours of sleep for primary-aged children
- Keep a consistent bedtime and wake-up routine
- Create calm, screen-free time before bed

A regular, good-quality night's sleep is one of the simplest ways to support your child's learning, behaviour and overall wellbeing.

Term 2 Calendar

Please refer to the website and Facebook to check key events. A hard copy of the term two calendar can also be obtained from the school office.

[2] https://www.mcri.edu.au/impact/a-z-child-adolescent-health/s/sleep

Religious Education

Sacrament of Confirmation

Please remember to pray for our Year 6 students who are preparing for the Sacrament of Confirmation. This is such a special time for our older students as they think, learn and reflect upon what it means to become adult members of our Catholic Church Community.

Sacramental Dates 2026

Sacrament of Confirmation - Year 6

Sacrament of Confirmation Mass tonight Friday 22 May 6pm

Sacrament of First Reconciliation - Year 3

Sacrament of First Reconciliation Commitment Mass: Saturday 25 July 6pm

Sacrament of First Reconciliation Parent/Student Meeting: Thursday 30 July 6pm

Sacrament of First Reconciliation Retreat Day: Thursday 20 August

Sacrament of First Reconciliation: Tuesday 25 August 6pm

First Holy Communion - Year 4

First Holy Communion Commitment Mass: Saturday 1 August 6pm Mass

First Holy Communion Parent/Student Meeting: Thursday 6 August 6pm

First Holy Communion Retreat Day: Thursday 27 August

First Holy Communion: Sunday 13 September 12pm

Baptism

Thinking of having your child Baptised? Baptism inquiry forms are available in our school office.

Finance News

SCHOOL FEES

School Fees for 2026 have been **emailed** home to all families. Please urgently let us know if you haven't received your statement yet!

Parents were asked to complete the payment options form on Page 2 and return it to the office by Friday 6 March. Please do this urgently if you haven't already informed us how your account will be paid this year.

There are a number of options available including:

- payment in full by 20/3/2026 which attracted a 5% early payment discount on tuition fees
- payment in 3 instalments: due 20/3/2026, 26/6/2026 and 18/9/2026

Other payment arrangements ie; weekly/fortnightly/monthly by Direct Debit or BPAY must be approved by the school. Please contact Lindy Munnings on accounts@shthorn.wa.edu.au[3] for a

[3] mailto:accounts@shthorn.wa.edu.au

confidential discussion regarding payment plans or if you are experiencing difficulties in meeting your school fee commitments.

HEALTHCARE CARDS

It is the responsibility of the parents to present their new card at the school office (so a copy can be taken) to ensure that discounts are not cancelled because the card has expired. If you have received an updated Health Care Card recently, please bring it in to complete the forms as soon as possible.

Lindy Munnings

Finance Officer

Uniform

Students proudly wear the uniform, as a symbol of belonging in the Sacred Heart Community. The Uniform is designed to allow students to maximise their participation in learning and is appropriate to seasonal weather.

GIRLS' UNIFORM

- Blue school short sleeve shirt
- Navy school skirt / shorts / trousers
- Navy school jumper
- Navy school socks
- Navy tights
- Navy school hat
- Black leather school shoes / black leather Mary Janes

BOYS' UNIFORM

- Blue school short sleeve shirt
- Navy school shorts / trousers
- Navy school jumper
- Navy school socks
- Navy school hat

- Black leather school shoes

SPORT

- Navy sports shorts (Unisex)
- House coloured Polo shirt
- School Polo shirt (class sport, interschool team and excursions if required)
- Navy school tracksuit – jacket and track pants
- Navy school hat
- White socks

Predominantly white sports shoes with **white** laces

Sacred Heart requires students to wear a school hat all year during break times and sport lessons.

For further information, please refer to our Full Uniform Policy[4]

Download the Uniform Pricelist[5]

School uniform can be purchased from the offsite location of:

Uniform Concepts Willetton Super Store

30 Kembla Way

Willetton WA 6155

Tel: 9270 4669

Email: willetton@uc.nellgray.com.au[6]

Website: nellgray.com.au[7]

[4] http://shthorn.wa.edu.au/pdf/policies_uniform.pdf
[5] http://shthorn.wa.edu.au/pdf/uniform_pricelist.pdf
[6] mailto:willetton@uc.nellgray.com.au
[7] http://nellgray.com.au/

Enrolments are open for Kindergarten 2027

If your child was born between **1 July 2022 to 30 June 2023** they will start 4 Year Old Kindergarten in **2027**.

Enrolment forms can be obtained from the school office or via our website https://shthorn.wa.edu.au/enrolment-process/ Enrolment interviews commence in May 2026. We have had a wonderful response for kindy 2027, don't forget to submit your application as soon as possible to ensure a position. Enrolment interviews are well underway and places are filling fast.

Did you know we have a **3 Year Old Kindy** at Sacred Heart? It is run through our Early Learning Centre which means you are able to claim the childcare benefit. It is a great starting point in preparation for your child attending 4 year old kindy at Sacred Heart. Your child can attend once they turn 3 years old. For further information please contact Megan in our ELC on 9251 3014 or refer to our website https://shthorn.wa.edu.au/three-year-old-programme/

Sacred Heart P&F

We have an exciting fundraising goal this year which is an upgrade of the school Amphitheatre. We are in planning stages now, but it will be complete with new or improved steps and lighting.

There will be a few more fundraising events for you to support this year so we can create something amazing for the students to utilize.

Once we have the plans finalised, we will post them for you all to see what we will be working towards.

P&F Morning Tea – Friday 26 June

We will be hosting another morning tea for parents to come and meet us and see what we do. So, if you have ever thought about joining the P&F this is a perfect opportunity to see what its all about. Everybody is welcome. An RSVP link will be available soon.

ADULTS ONLY EVENT – watch this space!!!

The P&F will be holding an adults only event early in term 3. We have some exciting ideas. More information will be released very soon so you can get babysitters booked and outfits organised!

Next Meeting is Monday 15 June at 6pm

If you have been thinking about joining the P&F why not come along to our next meeting and see what it's all about. Our next meeting will be held on Monday 15 June at 6:00pm in the staff room. Entry is through the school office. We hope to see you there.

'Sacred Heart Thornlie P&F' Facebook Page

To keep up to date on all the exciting events that are happening at the school, 'Like' our Facebook Page. This is a great way to keep up to date on the latest events, when forms are due back and to ask any questions the P&F may be able to assist you with.

Search for **Sacred Heart Thornlie P&F**

CSPWA Term 2 Newsletter

Welcome to the latest edition of our Schoolzine eNewsletter!

Visit the link below to view your newsletter:
https://cspwa.schoolzineplus.com/enews?nid=72[8]

Canteen

Winter Menu for Term 2 and 3, 2026

Canteen is open Monday, Thursday & Friday

RECESS & LUNCH orders available online via www.quickcliq.com.au or via the class lunch order box.

To contact Abi please call 9251 3007

[8]https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcspwa.schoolzineplus.com%2F_r%2FgL8Xk%2F6a05589164e7f&data=05|02|8740svc_admin%40cewa.edu.au|163a3bda19bb4fc6ac2908deb176b74e|c5852f2336334f29b38651da53e35e23|0|0|639143320612783519|Unknown|TWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D|0|||&sdata=FzMEl2HLq06%2BJBWBh21kqCFv5RvYBiqrmBsV0GQYx8k%3D&reserved=0

Canteen Roster for Term 2

New Volunteers are always welcome. If you are unable to come in on your rostered day, please contact Abi 92513007 (8AM-1PM)

A/H 0421 831 343

WEEK	MONDAY	THURSDAY	FRIDAY
WEEK 1	**Apr 20th**	**April 23rd** J. PAYNE	**April 24th** J. FARANDA
WEEK 2	**April 27th** **Public Holiday** **ANZAC DAY**	**April 30th** *(Confirmation Retreat)* Y. JIA	**May 1st** J. ALBANESE Po Man Chow
WEEK 3	**May 4th** J. PAYNE	**May 7th** *(Cricket Carnival)* R. CARROLL	**May 8th** *(Mother's Day Mass)* K. COPE
WEEK 4	**May 11th** *(Year 6 Camp)* J. PAYNE	**May 14th** S. ENGLISH	**May 15th** L. VOGELS
WEEK 5	**May 18th** J. PAYNE	**May 21st** J. ALBANESE J. OSTERBERG	**May 22nd** *(Year 4 Assembly)* D. MYAPE
WEEK 6	**May 25th** J. PAYNE	**May 28th** *(Sorry Day)* Y. JIA	**May 29th** **Pupil Free Day**
WEEK 7	**June 1st** **Public Holiday** **WA Day**	**June 4th** S. ENGLISH	**June 5th** *(Cross Country)* V. WIWARSONO Po Man Chow
WEEK 8	**June 8th** J. PAYNE	**June 11th** R. CARROLL	**June 12th** *(Sacred Heart Day)* D. MYAPE
WEEK 9	**June 15th** J. PAYNE	**June 18th** R. DEKENS	**June 19th** *(Eagles Cup Carnival)* V. WIWARSONO
WEEK 10	**June 22nd** J. PAYNE	**June 25th** Y. JIA J. OSTERBERG	**June 26th** *(Year 3 Assembly)* J. ALBANESE
WEEK 11	**June 29th** J. PAYNE	**July 2nd** S. ENGLISH	**July 3rd** D. MYAPE

Parish News

SACRED HEART THORNLIE

Weekend Mass Times

Saturday

Reconciliation 5.00 - 5.30pm

Mass 6pm

Sunday

Mass 8am and 10am

Children's Liturgy available for students aged 5-8 years old at 6pm and 10am Masses.

AD OMNIA PARATUS

St Norbert College

Enrolments for Year 7

We will commence our enrolments for 2028 in the next few weeks. Application forms may be obtained by visiting our website www.norbert.wa.edu[9] to apply online or by telephoning our

[9] https://aus01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.norbert.wa.edu%2F&data=05|02|8740svc_admin%40cewa.edu.au|5b5018a7c67d4d70477908de6208c48b|c5852f2336334f29b38651da53e35e23|0|0

Enrolment Officer, Mrs Alison Roberts on 9350 5433 to receive an Enrolment Package. Families who currently have a child/sibling in Year 4 (or below) are encouraged to submit an Enrolment Application as soon as possible. Students do not have automatic enrolment even though they are a sibling and/or attend a Catholic School. Enrolment Interviews for Year 7 entry are completed in Semester 1 when the student is in Year 5.

|639055986989221211|Unknown|TWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D|0|||&sdata=6wOnXFVrW9h2LvCODs9YF2sD7gjc7AG8hhFL6LJkrfc%3D&reserved=0

Lumen Christi College Tour

LUMEN CHRISTI COLLEGE

lumen.wa.edu.au

81 Station Street, Martin
08 9394 9300

Saturday, 23 May at 10am

Our student-led tours are an excellent opportunity for families to view our expansive campus, speak with College staff and meet members of our Student Leadership Team.

Everyone is welcome, simply register online at lumen.wa.edu.au.

building brighter futures

Useful Links

Uniform Shop[10] Sacred Heart Thornlie Parish[11]

[10] https://www.nellgray.com.au/Uniform-Concepts/Willetton-Super-Store
[11] http://www.thornlie.perthcatholic.org.au/