

# Sacred Heart School Thornlie



**From the Heart - 29 June 2023**



***Dear God, you know and love all our students.***

***Help them to rest this holiday.***

***Bless them for their hard work this semester and***

***help them to enjoy their break and learn how to rest and rejuvenate.***

***Amen.***

## Principal's Message

Dear Parents

This will be our final newsletter for the term and our Term 3 planner will come home with it today. Please highlight any important dates and place them into your diaries to ensure you are prepared for the term ahead. Next term is a busy term with many extra curricula activities as the Spirit of the Arts performing arts festival takes place. I can't wait to see the performances from our hard working choir and dance troupe.

Thank you to the many parents who completed the recent parent survey. It is through the feedback provided that we are able to make changes where necessary to improve life at Sacred Heart. Please remember that I am available via email or phone for times where you have a query or concern. Face to face meetings may take a little time to arrange but I am able to respond to emails and phone calls in a short amount of time so please don't hesitate to contact me through the office should you need to share something or ask a question.

I have elected to postpone the appointment of a new AP until 2024 to allow for more applicants. In light of this I have arranged time for Mrs Kate Poole to coordinate Religious Education and for Mrs Josephine De Luca to coordinate IT development for the remainder of the year. Both staff members will have a day release from their classes and will be replaced by Mrs Curulli and Mrs Wladyka respectively. I am currently looking for a suitable person to take on the enrichment position at the school and hope to fill that in readiness for Term Three.

Our Happy Family article is about rewards and consequences. The writer outlines some alternatives to the age old behaviour management debate. I hope you find the article useful.

This week school reports are distributed via SEQTA. I hope you enjoy reading about your child's learning this semester. I wish you all a happy holiday and I hope your children enjoy a break away from school life.

This term we have been focusing closely on our core school value of Reverence. Please discuss this with your children at home when opportunities arise.

God Bless

Steve Gibbs

Principal

## Happy Families

### Threats and Rewards - or something better

"If you don't pack away your toys right now, I'm throwing them in the bin!"

It's the end of the day. We're tired, or stressed, and we've asked our kids a hundred times already to start packing up. Even though we might know that there is a better way, we can't stop ourselves, and a threat slips out.

The thing is, it seems to work! Suddenly the kids are packing up their toys, fearful that if they stay out they'll be relocated to the bin. In fact, research shows that threats, verbal reprimands, and time-outs are all effective ways of securing immediate compliance in our children. Which would be great – if our only goal was immediate compliance. The problem is that this compliance is coerced, and if we're not there to enforce the consequences we lose our ability to influence behaviour. Our kids are more focused on avoiding the punishment than on internalising what we're trying to teach them!

So if threats aren't the ticket to getting our children to do something, rewards must be the right alternative, right?

"If you pack away your toys right now, you can have ice cream!" might be what we say. But we might as well say "If you don't pack away your toys, you can't have ice-cream". Rewards are just threats in disguise. If our kids are still relying on us to give them ice-cream or a gold star or their pocket money in exchange for good behaviour, they're still not intrinsically motivated to do what we're asking them to do. Rewards, just like threats and punishments, only work if we're there to dish out the consequences. They simply don't promote lasting behaviour change and our kids often lose interest, so if we want to keep enforcing the behaviour we need to dish out bigger and bigger rewards, or bigger and bigger punishments.

The truth is, both threats and rewards use fear as a motivator – either fear of getting punished, or fear of missing out on the reward. Fear can be a powerful motivator. But there is another thing that motivates us. LOVE.

Love is a much stronger motivator. It drives intrinsic motivation, or motivation that isn't reliant on external outcomes like rewards and punishments.

Here are three ways we can use love to help motivate our kids:

**Do it with them.** Kids spell love T.I.M.E. They want to be involved in our world. So, if we're doing something, and we invite them to join in, chances are that they'll say yes, even for something as routine as tidying up the toys.

**Make it fun.** Kids love to play! Maybe we can challenge them to throw all the blocks into the tub like they're shooting basketball hoops. Or maybe the cars strewn everywhere need to be driven back to their garage on the shelf. There are so many ways to make even simple tasks fun. Not only does having fun get the job done, it also boosts learning and competence in our kids.

**Model love and respect** for them by trusting that they'll do it when they're ready. Simply say "Can you pack up the toys when you're ready?", and then let them be. They may need a gentle reminder, but if we step back and let them know that we trust them to get the job done in their own time, there's a good chance they'll do it.

Sometimes they still won't do what we're asking. When that happens, there are two more things we can do.

Just do it for them. Sometimes they're sick, tired, or cranky. And the truth is that we're not going to teach them to be lazy slobs as adults by tidying up their room occasionally as kids. (That's fear speaking!).

Set a boundary. Boundaries are different to punishment. A boundary is something we do to ourselves, whereas a punishment is something we do to others. A boundary could mean that our adult sized feet are unwilling to walk through a room strewn with LEGOs, so if they want a book read to them before bed, they need to clear the floor so we can safely get to the bookshelf. Set the boundary, and then let them decide how to respond to it.

Ultimately, parenting isn't about getting our kids to do things. The only person we can truly control is ourselves. The real focus of parenting is about being the person we want to be, regardless of how our kids are behaving. When we remember that, we can move away from fear-based parenting, and parent with love.

## Term Two Key Dates for your diary

- Friday 30 June - Last day for term two
- Monday 17 July - First day for term three
- Friday 28 July - NAIDOC Mass 9am
- Friday 11 August - Year 2 Assembly 2pm in the Hall
- Friday 18 August - Book Wee Dressup day
- Friday 25 August - Year 1 Assembly 2pm in the Hall
- Friday 1 September - Father's Day Breakfast 7.30am and Mass 9am
- Tuesday 5 September - Years 4 to 6 Athletics Field Events on the oval
- Friday 8 September - PP to Yr 6 September Athletics Carnival on the oval
- Friday 15 September - P&F Colour Run
- Thursday 21 September - Last day of school
- Friday 22 September - Pupil Free Day

***The link to the Term 3 calendar is attached and is posted on the school website. A hard copy of the Term three planner can be obtained from the school office.***

Link to website to view Term Dates for the year <http://shthorn.wa.edu.au/calendar/>



## Religious Education News



Thank you to Jett in Year 6 who worked tirelessly with his parents to gather non-perishable food items for our Parish St Vincent de Paul winter appeal. Yesterday, Jett met with Irene our St Vincent de Paul parish president to hand over the items which will be delivered to needy families and individuals in our local area. Thank you to all in our community who supported Jett in this winter appeal. Well done Jett for the wonderful work you have done for the needy in our community.



### **Year 3 and Year 5 Religious Education Assessment**

Early next term Year 3 and 5 students will participate in the Religious Education Assessment formally known as the Bishop's Religious Literacy Assessment. The following assessment dates apply:

- Year 3 Practice Assessment: 27 July
- Year 3 RE Assessment: 3 August
- Year 5 Practice Assessment: 26 July
- Year 5 RE Assessment: 2 August

### **Term 3 Sacrament Dates**

#### **Reconciliation**

- Thursday 3 August 6pm Sacrament of Reconciliation Parent Meeting
- Thursday 10 August Reconciliation Retreat Day for all Year 3 Students
- Thursday 17 August 6pm Sacrament of Reconciliation

#### **First Holy Communion**

- Saturday 29 July 6pm First Holy Communion Commitment Mass
- Thursday 31 August 6pm First Holy Communion Parent Meeting
- Thursday 31 August First Holy Communion Retreat Day for all Year 4 Students
- Sunday 10 September 12 pm Sacrament of First Holy Communion

## **Reports and SEQTA**

### **Pre-Primary to Year 6 Semester 1 Reports**

All semester reports will be accessible to parents in Week 10 via our SEQTA Engage parent platform.

### **New Parents to Sacred Heart**

New parents from Pre-primary to Year 6 would have received an email on Tuesday 13 June inviting you to join SEQTA engage. This is to enable you to access your child's school reports. Please activate this account within a week of receiving this email as the activation period lasts for one week.

### **Existing Parents at Sacred Heart**

Existing parents who have forgotten their Seqta Engage login details can directly contact Mrs Min via email [Darlene.min@cewa.edu.au](mailto:Darlene.min@cewa.edu.au)<sup>1</sup> to reset their password.

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<sup>1</sup><mailto:Darlene.min@cewa.edu.au>

## News from the Finance Officer

### **SCHOOL FEES – 2nd Instalment due 30th June**

Please pay the 2nd Instalment by tomorrow 30 June if you have chosen the 3 Instalment Option for School Fee Payments.

Reminders have be sent home to families next week.

Please contact Lindy Munnings on [accounts@shthorn.wa.edu.au](mailto:accounts@shthorn.wa.edu.au)<sup>2</sup> for a confidential discussion regarding payment plans or if you are experiencing difficulties in meeting your school fee commitments.

### **HEALTHCARE CARDS**

It is the responsibility of the parents to present their new card at the school office (so a copy can be taken) to ensure that discounts are not cancelled because the card has expired. If you have received an updated Health Care Card recently, please bring it in to complete the forms as soon as possible.

Lindy Munnings

Finance Officer

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<sup>2</sup><mailto:accounts@shthorn.wa.edu.au>

## GUESS WHO IS TURNING 3?



This year to celebrate Luna's 3rd birthday we will be having a **DESIGN AN OUTFIT FOR LUNA** competition.

**Entries close: Tuesday** 1 August (Wk 3 Term 3)

**Competition Rules:** *This is a challenge focusing on sustainability and reducing landfill and waste.*

Design an outfit for Luna to wear.

All items used must be from recycled clothing or fabrics, nothing can be new.

There are two categories: family entry or individual entry.

**Luna's Measurements:**

- **Neck to Tail - 40cm**
- **Waist - 47cm**
- **Neck - 32cm**



- **Belly to Ground - 23cm**

Follow Luna on **Instagram** @lunalovesschool

## Special Group Photos - Choir, Dance Troupe, Student Councilors and House Captains

Dear Families

On the day of the school photos, special group images were captured (Choir, Dance Troupe, Student Councilors and House Captains). These exclusive photos can be viewed and purchased on a unique website specifically designated for this purpose. It is essential to note that this website differs from the platform used for ordering portraits and class photos online.

**To place your order online, please follow these steps:**

1. Visit <https://mspphotography.shootproof.com/><sup>3</sup>
2. Locate your school's name and select the album titled: **Sacred Heart PS Thornlie Specialist Groups - 2023**
3. Enter the password to access and purchase the album. The password is: **SHPS-T23**
4. During the checkout process, kindly use your child's name for identification purposes.
5. The images displayed are in their uncropped format but will be appropriately cropped to fit a 10x8 print, as demonstrated by the first image in the gallery.

**Key points to remember:**

- Online orders will remain open until **midnight on Tuesday the 1st August 2023, to take advantage of the Bulk Pricing Offer.**
- **The Bulk Pricing Offer allows each print to be priced at \$25.00, and they will be delivered to the school by Class Group.**
- After the expiration of the \$25.00 pricing, photos will only be available for purchase over the phone at a cost of \$40.00 per image, with delivery to a preferred address.

Should you have any queries or require further assistance, please feel free to contact MSP Photography at 9240 8000 or via email at [ordering.perth@msp.com.au](mailto:ordering.perth@msp.com.au)<sup>4</sup>

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<sup>3</sup><https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmspphotography.shootproof.com%2F&data=05|01|Chloe.OLeary%40cewa.edu.au|a9ef80bfb49341249e6f08db72d5e71c|c5852f2336334f29b38651da53e35e23|0|0|638230035248065839|Unknown|TWFpbGZsb3d8eyJWljoimc4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6Ikl1haWwiLCJXVCi6Mn0%3D|3000||&sdata=8r3Nc0S2kEhxTXPbqhoyuqMSpiH3YeViS4cKMq22HII%3D&reserved=0>

<sup>4</sup><mailto:ordering.perth@msp.com.au>

## Sustainability News

A huge thanks to all the school community for the great response to our whole school **Recycling Rewards Bread Bag Challenge** which will finish at the end of this term. All boxes will be sent off to be weighed and recycled..

This term, the Sustainability team have been replacing all our paper bins in every classroom to blue ones, to help communicate to the children the importance of sorting waste into the correct bins. By labelling our bins correctly, we reduce contamination and sort out our waste in a responsible way.

This semester, the Year 6 Green Team leaders “the school stewards” have been doing a fabulous job collecting the bins from each classroom every Friday and emptying them responsibly into the large skip bin. It is great to see so many of the children taking pride in our school, by picking up rubbish regularly and volunteering to empty and wash out our composting and canteen bins each day. Remember day to day, we can do small **yet hugely beneficial** things to care for our precious planet.

Happy holidays from the Sustainability Team!

## Congratulation and Good Luck Jack!

Jack from Year 6 has been selected to represent WA to play baseball in Queensland this July school holidays. Jack will fly to Queensland for the Down Under Winter Classic 2023. Jack will head over with his teammates from the West Coast Rays on Friday 30 June and will return on Sunday 9 July. Jack has been training very hard two days a week up to three hours each day! Congratulations to Jack, we wish him all the best and can't wait to hear how he goes!



## Baby News from Mrs Douch!

Baby William Joseph Narothon Douch was born on 22/6/2023 at 8:53am weighing 2685g. Baby and mum are doing well.

Congratulations to Mrs and Mr Douch on the safe arrival of your beautiful and healthy baby boy.



## Enrolments now open for Kindergarten 2024



If your child was born between **1 July 2019 to 30 June 2020** they will start 4 Year Old Kindergarten at the beginning of 2024. Enrolment forms can be obtained from the school office or via our website <https://shthorn.wa.edu.au/enrolment-process/> and should be lodged with us as soon as possible. Enrolment interviews have commenced for new families and will take place in Term 3 for sibling interviews.

## Parents and Friends (P&F)

**SAVE THE DATE - ADULTS ONLY FUNDRAISER,**

It's been a while but it's coming back, BOGAN BINGO!! Please save the date, **Saturday 28 October 2023**. This will be a major fundraiser and one of the best social events you attend this year. Details to come early term 3 but for now please put this date in your diary and let all your family and friends know. Don't forget this will help fund the new Ninja Warrior course and replace the current junior playground.

### **Term 3 Colour Run End of School Event**

As previously advised the students voted for another Colour Run this year. Due the last day of the term being a PD Day for teachers, the event will be held on **Friday 15 September**. We are busy working behind the scenes as to the best way to make this event a profitable fundraiser for the new ninja warrior course and junior playground upgrade. Details to come early in term 3.

### **Sacred Heart Day**

What a great day! Thank you to everyone that assisted in making the day run as smooth as it did. Your time and assistance are very much appreciated. Thank you to all the students that supported out stall, we hope you love all your new goodies.

### **Father's Day Raffle**

Would you like to donate to the Father's Day Raffle? Please get in touch via our Face Book page or email [pandf@shthorn.wa.edu.au](mailto:pandf@shthorn.wa.edu.au)<sup>5</sup>. All donation big or small are needed.

### **'Sacred Heart Thornlie P&F' Facebook Page**

To keep up to date on all the exciting events that are happening at the school, 'Like' our Facebook Page. This is a great way to keep up to date on the latest events, when forms are due back and to ask any questions the P&F may be able to assist you with.

Search for **Sacred Heart Thornlie P&F**

### **Containers for Change**

The P&F has been running the Containers for Change program for a few years now. This has proven to be a profitable scheme for the school, and we would like to encourage our existing and new families to please donate your eligible containers. The bins are located next to the clothing donation bins near the double gate exit from the car park on Ovens Road.

### **P&F Meeting**

Our next meeting will be held on **Monday 31 July at 6:30pm** in the staff room. Entry is through the school office. We would love to see some new faces and encourage anyone wanting to know more about the P&F to come along.

## **Canteen Roster - Sign up for Term Three**

If you are able to assist in the Canteen in Term Three please complete the attached form

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<sup>5</sup><mailto:pandf@shthorn.wa.edu.au>

New volunteers always welcome. If you are unable to come in on your rostered day, please contact Abi 92513007 (8AM-1PM)

A/H 0421 831 343



## Useful Links

Uniform Shop<sup>6</sup> Sacred Heart Thornlie Parish<sup>7</sup>

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<sup>6</sup><https://www.nellgray.com.au/Uniform-Concepts/Willetton-Super-Store>

<sup>7</sup><http://www.thornlie.perthcatholic.org.au/>