

# Sacred Heart School Thornlie



From the Heart - 5 May 2022

## Principal's Message

Dear Parents

Welcome back to a new school term. It has been wonderful to see student's smiling faces and their enthusiasm in returning to their friends, teachers and learning. This term promises to be a return to normality for students, staff and parents and we look forward to being able to have many events that we have not been able to for some time.

The information below outlines what the easing of restrictions means for our school:

### ***School Activities***

The following activities may now take place without restriction:

- Choir and Dance rehearsals
- Whole school and year level assemblies
- All sporting programs
- All interschool events

### ***Parents are permitted on site to:***

- Volunteer in classrooms – reading/morning activity groups, etc
- Attend assemblies

- Drop off and pick up
- Attend parent teacher meetings
- Attend parent association meetings (P&F and SAC)

### ***Student Attendance:***

- The Australian Health Protection Principal Committee (AHPPC) encourages all students who are well to attend school
- Vulnerable, immunocompromised students will be supported remotely if medical advice deems it necessary.

I hope the above provides some clarity for families. As a school we will still undertake risk assessments of proposed events to ensure we are satisfied that the activity is safe for our staff and students.

### **Uniforms**

Over the next few weeks, we will be beginning the transition to winter uniform. At present the weather is still quite warm, which is part of the reason we have a grace period. It also provides an opportunity for busy parents to visit the Willetton store and access items. We ask that all students be in winter uniform from Week 3 of this term. Please ensure hair, shoes and jewellery items are in keeping with our school policy. [http://shthorn.wa.edu.au/pdf/policies\\_uniform.pdf](http://shthorn.wa.edu.au/pdf/policies_uniform.pdf)

### **Family Vacations**

With the borders opening and family travel now a reality, many families are alerting me to planned holidays. Whilst this is exciting for families to reconnect with loved ones who they may not have seen in some time, any absence from school means a student misses valuable learning. Please be aware that the decision to remove a student from school for an extended period may have educational implications for the student.

### **Mother's Day**

I would like to wish all our Mums, Grandmothers and female role models in our families a very special Mother's Day. Unfortunately, time did not allow us to organise an event for Mums this year, but we have a special gift going home with the eldest child in each family. We hope you like this small token of our appreciation and that you have a fantastic Mother's Day.

### **Parenting Ideas**

Our Parenting Ideas is about Mother's Day, but is for the Dads. Please read it and help make Mother's Day a great success.

### **Reverence**

This term we are focusing closely on our core school value of Reverence. Please discuss this with your children at home when opportunities arise.

God Bless

Steve Gibbs

Principal

## Reverence



"What is sacred is what is worthy of our reverence, what evokes awe and wonder in the human heart, and what, when contemplated, transforms us utterly" - *Phil Cousineau*

"Reverence for life is the highest court of appeal" - *Albert Schweitzer*



### **Parenting Ideas - A Mother's Day message for Dads**

Mother's Day is a sensitive topic to write about. While it is a day of joy and delight for many families, it can also be a day of difficulty, and even pain, trauma, or sadness for many others. Many of us have farewelled a mother, experienced a relationship rupture with our mum, or experienced other challenges. And so many mums, this Mother's Day, will be grappling with co-parenting, separation or divorce, or an inability to be with their children in loving and meaningful ways.

### **There are two other challenges that Mother's Day brings:**

First, even on the day when Mum should be feeling loved on by everyone, the overwhelming load of cooking, cleaning, and even thinking about what the kids should "surprise her with" still falls to too

many mums. This is not how it ought to be. And second, one day of bliss (if it works out that way at all) is nice, but what about the other 364 days of the year?

So this is a Mother's Day Insights with a difference. This is for the dads, the co-parents, the partners, the ex's, and anyone else who wants to make sure that the Mum of the house gets the love and respect she deserves, not just on Mother's Day, but on all of the days.

Mum, pass this on to your partner and others who matter. This is not for you this time. It's for them to read, memorise, and live.

### **Help mum develop a sense of time affluence**

Have you noticed how often Mum is flustered? How often it seems like there's not enough time? And what time there is floats through the day like confetti, with just a minute here or there ... and then the never ending demand that she get back into the rat race?

Recent research tells us our happiness goes up as our rushing goes down. It's called "time affluence" and it means that we slow our lives down so that it literally feels like we have more time, even if we don't.

How can partners do this? Help Mum build a sense of time affluence (or abundance if you prefer) by going for a walk rather than driving - and not walking for exercise. Create it by having a "yoyo" night (You're On Your Own) where the kids sort themselves out with leftovers or cheese toasties. Create a system where Mum doesn't have to feel obliged to do everything for everyone every time. Step back. Slow down. Or at least, let Mum do that a little more.

### **Be open to mum's influence**

Have you noticed how Mum is always the one who steps back and let's everyone else decide? What would it be like if we were more inclined to look to Mum when decisions are being made and say, "Would you like to decide this one?"

It's true that sometimes Mum is tired of making decisions. Perhaps she doesn't want to. But studies show that even in our modern 2022, Mum is often voiceless. Everyone else gets what they want while Mum serves and does what she's told. If everyone could stop being a bossy boots and let Mum have a clearer, louder voice, not by yelling, but by seeking her counsel and inviting her opinions, it might make life nicer for all, especially Mum.

### **Ask how you can help**

If everyone said, "Mum, how can I help?" or if partners said, "Honey, what do you need?" it might make Mum's day.

You know what's bigger? Help without asking. It shouldn't be up to Mum to have to tell everyone how to help and when to help and hassle them for not helping already. Do it without needing to be asked. This means remembering to empty the garbage or run the bins to the street, cleaning the kitchen, putting a load of washing on... you know, all that stuff that the cleaning fairy usually does.

### **Drop your agenda and help her with hers**

It's easy to get caught up in our own agenda and forget that the woman we're brushing our teeth next to in the bathroom is a real person with hopes, dreams, and desires. Recognise her perspective and elevate her by treating her so well that your children will know how the most important person in your life ought to be treated. That way, when they're bigger (or even now), your kids have no doubt how they ought to treat their partner when they are old enough – and how they should expect to be treated.

The greatest compliment any dad could ever hear is "You always treated mum like she was the most wonderful woman in the world."

Bring that approach to every interaction. Make mum's day - every day.

(And a quick bonus tip: Do the leg work to make sure Mum actually has a nice Mother's Day and that she doesn't end up cooking, cleaning, or choosing her own gifts!)

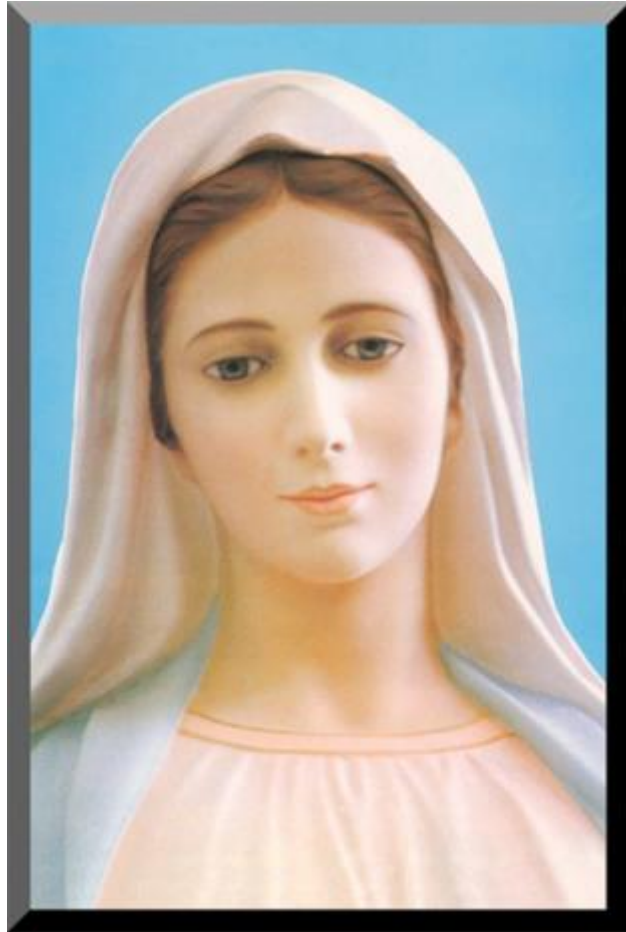
## Term 2 Planner

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week 1	25-Apr Anzac Day	30-Apr ANZAC Day ceremony 11:00am	27-Apr	28-Apr	29-Apr	30-Apr/1-May
Week 2	2-May Kindy Speech Screening  PP Parent Interviews	3-May	8-May Kindy Speech Screening	9-May Whole School Rosary	9-May Virtual Assembly Kindy Speech Screening Eagles Cup	10-May/11-May Mother's Day
Week 3	8-May  PP Parent Interviews	10-May NAPLAN Writing	11-May NAPLAN Reading NAPLAN Conventions	12-May NAPLAN Numeracy Whole School Rosary Yr 4 Excursion	13-May Eagles Cup	14-May/15-May
Week 4	10-May H&I Meeting	17-May	18-May SAC Meeting	19-May Whole School Rosary	19-May Virtual Assembly Hardest Work & Ride Safely to School Day Eagles Cup	21-May/22-May
Week 5	23-May	24-May Yr 1 Excursion Whole School Mass: Maguire (Our Lady of Mercy - Chisholm)	25-May  School Photos	26-May National Sorry Day Confirmation Retreat Day Confirmation Parent Night	27-May Virtual Assembly Eagles Cup	28-May/29-May Confirmation Mass (Confirmation Subgroup)
Week 6	30-May	31-May	1-Jun	2-Jun Reconciliation Yr 6 (9:30am)	3-Jun Confirmation 6:00pm (A)	4-Jun/5-Jun
Week 7	8-Jun Public Holiday - ANZ Day	9-Jun Public Free Day	8-Jun	9-Jun House Cross Country	10-Jun Virtual Assembly Yr 4 Eagles Day Eagles Cup Confirmation 6:00pm (B)	11-Jun/12-Jun
Week 8	13-Jun	14-Jun	15-Jun SAC Meeting	16-Jun	17-Jun Eagles Cup	18-Jun/19-Jun Confirmation Mass (Reconciliation)
Week 9	20-Jun	21-Jun Yr 3, 4 & 6 Parent Interviews	22-Jun	23-Jun	24-Jun Secret Heart Day Whole School Mass Secret Heart Day	25-Jun/26-Jun
Week 10	27-Jun	28-Jun	29-Jun Whole School Parish Mass (9:30 A)	30-Jun Reports sent Home	1-Jul Last day for students and staff P&P - Gray Hair Day	2-Jul/3-Jul

Link to website to view Term Dates for the year <https://shthorn.wa.edu.au/calendar/>

A copy of the Term Planner will also be posted on SeeSaw. Please see the office if you require a printed copy.

## Religious Education



The month of May is a special time in the Catholic Church. During May we celebrate Mary, Our Blessed Mother. At Sacred Heart, we will be celebrating Mary each week by praying a decade of the Rosary. The Faithful Faces have been working hard to prepare the rosary beads so that each student from Year 1-6 can pray along with their own set. On every Thursday morning during May, we will dedicate our prayers to Mary, focusing on the Luminous mysteries. I would like to congratulate the new students representing the Faithful Faces this term and look forward to working with them.

Mrs Ripley

Assistant Principal

## English as an Additional Language or Dialect (EAL/D)

The EAL/D Team was established last term and have been busy brainstorming ideas about how we can celebrate our multicultural school community at Sacred Heart. One of the first initiatives that we are implementing will be celebrating our students who speak different languages at home. This week we requested all students who speak Punjabi at home to come for a photo. Outside the Library the notice board will be displaying the photo of these students with some Punjabi language displays. We are

hoping that this display will encourage students to share their culture and be proud to share information with their friends. We will be changing the display regularly with the hope to capture all of our students cultural backgrounds.



## News from the Finance Officer

School fees have now been sent out to all families with the first instalment or payment in full now overdue.

Please contact me on [accounts@shthorn.wa.edu.au](mailto:accounts@shthorn.wa.edu.au)<sup>1</sup> if you have not received your statement or would like to discuss an alternative payment arrangement.

A big thank you to families who have already made payments, returned payment advice forms or checked and updated existing payment plans.

Kind regards

Mrs Lindy Munnings

Finance Officer

---

<sup>1</sup><mailto:accounts@shthorn.wa.edu.au>

## Luna's Corner



Luna had a very busy holiday spending time with our trainer Kim who took great care of her while Mrs Gerhardy went to see her family in Adelaide. She has been learning not to jump up and trying not to be so excited when she meets new people. For the next few weeks Luna will be training hard with Mrs Gerhardy to keep improving her new skills. Thank you to all the children who have been helping to work with Luna in the classrooms and playground. She is very happy to be back at school.





## School Photos - Week 4 -Wednesday 18 and Thursday 19 May 2022

**ONLINE ORDERING  
NOW OPEN!**



Head to [kapture.com.au](https://kapture.com.au) with your school code & student ID to place your sibling and class orders!

**ORDER SIBLINGS NOW**  
to avoid missing out!

**K**  
**KAPTURE**  
PHOTOGRAPHY™

### **SCHOOL PHOTO DAY IS COMING!**

Our school photo days are coming up in Week 4 on **Wednesday 18 and Thursday 19 May!** Sent home yesterday to every student was a personalised flyer to bring home from Kapture Photography containing your child's unique codes for ordering school photos online. Please keep this flyer safe as it contains your child's unique shoot key. Please let the office know if your child did not receive their flyer. A timetable will come out closer to the time outlining what classes are on what day.

### **KEEP YOUR FLYER SECURE!**

*The unique codes contained on the flyer will be issued only once.*

### **Order EARLY for sibling photography**

Sibling photos can **ONLY** be ordered **online**. Once you receive the personalised flyers for your children, it is imperative that you order your sibling photo early to avoid missing out! There is a physical limit in the school schedule to how many sibling photos can be taken. Once the maximum capacity of sibling orders has been reached, no more sibling orders can be placed.

If maximum capacity is not reached, sibling orders **close 12pm midday sharp, one business day prior** to the first photo day ie. Tuesday 17 May.

*The school or the photographers cannot accept late orders for sibling photography. Please do not ask as your request simply cannot be accommodated.*

### **Order EARLY for discount photo day prices**

Order your photos within 10 calendar days of photo day to receive discount photo day prices. Late orders are handled separately to the school delivery and incur a \$30 custom service charge.

### **Other information**

We will notify you in a few weeks when **team and special group photos** are available to view and purchase on the Kapture website. Please note; class, individual and sibling portraits are not available to view online prior to purchase.

Kapture offer a money back guarantee for any parent who is not fully satisfied with their photo package. Should you have any queries before or after photo day, please check the FAQ's on the Kapture website.

*All students will be photographed individually on photo day for school administration records AS WELL as included in their class group presentation available for purchase to all families. Should there be any reason why your child should **NOT** be included in the photo shoot –please contact the school office.*

### **If COVID is still active in WA:**

*For the duration of Covid-19 in WA, please be aware that Kapture are following all recommended health guidelines and safe practices. Our photographers are acutely aware of the evolving situation surrounding Covid-19 and abide by each individual school's Covid-19 policies. Where possible, the photographers will use verbal queues and instructions in an effort to uphold our high standard of student presentation. Students may be instructed by photographers to use single use sterile combs, wet wipes or tissues or to fix their own collars, buttons and stray hairs.*

## **Winter Uniform - Term 2 and 3**

Term 2 marks the start of winter uniform.

There is a grace period of two weeks where students can still wear summer uniform. However, from next week, Week 3 of Term 2 all students must wear winter uniform. The winter uniform can be purchased from the Uniform Shop at Uniform Concepts in Willetton. Appointments do **NOT** have to be made.

Or you can check out the second-hand uniform's page on Facebook - Sacred Heart Thornlie 2nd Hand Uniform Buy and Sell Page.

Further information about the school uniform and pricing can be found on our website

<http://shthorn.wa.edu.au/uniform/>

or on the Uniform Concepts website <https://www.nellgray.com.au/Schools/Sacred-Heart-School-Thornlie>

### **Winter Uniform Comprises:**

**Boys:**

- Button up blue school shirt short sleeved
- Grey school trousers or grey shorts
- Blue woollen school pullover jumper
- Grey school socks with blue and white stripes
- Black leather lace-up shoes

**Girls:**

- Blue button up school blouse
- Navy winter skort
- Blue woollen school pullover jumper
- Short blue school socks or navy tights
- Black leather lace-up shoes

**Sports Uniform:**

- Sports jacket
- Track pants
- House coloured polo or class (royal blue) polo
- White socks
- White trainers
- School Hat



Dear Parents/Carers

**Re: Rainbows Program**

I will be facilitating the Rainbows Program this year with the help of, two other teachers. We have all been fully trained and have the necessary qualifications to run this program.

Rainbows will run on a Wednesday afternoon between 2-2.45pm. We will be communicating with the Classroom teachers to ensure that the children do not miss out on any essential learning.

Please contact me if you would like any further information. Please refer below to the online expression of interest link and information explaining what Rainbows is.

<https://forms.office.com/pages/designpagev2.aspx?lang=en-GB&origin=OfficeDotCom&route=Start&subpage=design&id=ly-FxTM2KU-zhIHaU-Nel1g1Rd-wwJJGvUAOYuev4wxUOVMyR0tCTzczSkcyWE9PRUEwNTJYOEhPRS4u>

Kind regards

Anita Urquhart

Teacher



Scholastic Book Club

The next Scholastic catalogue (issue 3) will be coming home this week.

Orders close on **Friday 13 May 2022**. Please note, orders are on line ONLY, details for ordering are on the catalogue.

As we are still navigating postal delays, we will do our best to have items to you within 2 weeks of orders closing. If you have any questions regarding Book Club, please don't hesitate to email me [laura.stilwell@cewa.edu.au](mailto:laura.stilwell@cewa.edu.au)<sup>2</sup>

Thank you for your patience and continued support.

Kind regards,

Laura Stilwell

Library

---

<sup>2</sup><mailto:laura.stilwell@cewa.edu.au>

## Walk or Ride Safely to School Day - Friday 20 May



**SAVE THE DATE**  
**FRIDAY 20 MAY 2022**  
National Walk Safely to School Day

This year we have combined the **National Walk or Ride Safely to School day** for **Friday 20 May**. We look forward to seeing our families taking part in this great initiative, enjoying the fresh air and getting some exercise before school. Further details to follow.

## Kindergarten Enrolments for 2023



If your child was born between **1 July 2018 to 30 June 2019** they will start 4 Year Old Kindergarten at the beginning of 2023. Enrolment forms can be obtained from the school office or via our website <https://shthorn.wa.edu.au/enrolment-process/> and should be lodged with us as soon as possible.

Formal interviews will commence May/June 2022.

## Parents and Friends (P&F)

### Federal Election Saturday 21 May 2022

This year the polling booths will be at our school and as such the P&F will be running a sausage sizzle and cake stall. We anticipate this to be a profitable fundraising opportunity, but we need your help to make it a success. We need volunteers on the day and donations. If you can spare an hour or two on

the day to help with either the sausage sizzle or cake stall, please email us at 8740svc\_pandf@cewa.edu.au<sup>3</sup> We are also seeking donations of cans of soft drinks and bottled water. All donations can be dropped off to the office. If you would like to donate to the cake stall, please also get in touch via email. And most importantly please come along on the day to vote and support the P&F. We will be selling bacon and egg rolls before lunch time, sausages in buns and sweet treats.

### **Mother's Day**

We'd like to thank everyone who supported our stall and raffle and would like to wish all the Mums and Mother figures and very Happy Mother's Day.

### **My School Rules Competition**

Our school is one of eight schools participating in The My School Rules Competition. **We ask you to please remember to place any of the shopping docketts from Forest Lakes Forum in the Sacred Heart School box located outside Red Dot at Forest Lakes Forum.**

Alternatively, you may place your shopping docketts in the P&F Box located in the Office, which will be collected and placed in the Sacred Heart School box at Forest Lakes Forum.

The totals of the shopping docketts are tallied during the school term and following school holidays. The school with the biggest improvement in points per enrolled student at the conclusion of the competition period compared to the same period the previous year wins the top prize of \$1,000 in shopping vouchers plus all schools win other minor prizes.

We really do value these shopping vouchers as they pay for many of the items we require during the year to carry out fundraising for our school and so we kindly ask you to please support this competition for the benefit of our school.

### **'Sacred Heart Thornlie P&F' Facebook Page**

To keep up to date on all the exciting events that are happening at the school, 'Like' our Facebook Page. This is a great way to keep up to date on the latest events, when forms are due back and to ask any questions the P&F may be able to assist you with.

Search for **Sacred Heart Thornlie P&F**

### **Containers for Change**

The P&F would like to thank all of our families who donate their containers to the school. It is very much appreciated.

### **P&F Meetings have resumed**

With the new restrictions we are now able to commence our monthly meetings. The first one for the year will be on **Monday 16 May at 6:30pm** in the staff room. If you would like to come along and see what the P&F is about, we'd love to see lots of new faces. Everyone is welcome.

---

<sup>3</sup>[mailto:8740svc\\_pandf@cewa.edu.au](mailto:8740svc_pandf@cewa.edu.au)




# Lumen Christi College Tour

## Saturday, 14 May at 10am



**Join us for our upcoming College Tour on Saturday, 14 May at 10am.**

The student-led College Tour is an excellent opportunity for you to explore our campus, view our facilities, speak with College staff and meet members of the Student Leadership Team.

Everyone is welcome, simply register online at [www.lumen.wa.edu.au](http://www.lumen.wa.edu.au).

Please note places are limited and RSVPs are essential.



## Useful Links

Uniform Shop<sup>4</sup> Sacred Heart Thornlie Parish<sup>5</sup>

---

<sup>4</sup><https://www.nellgray.com.au/Uniform-Concepts/Willetton-Super-Store>

<sup>5</sup><http://www.thornlie.perthcatholic.org.au/>