

# RESPONSIBILITY

*Recognising our duty to do our best and to treat others fairly*



6 August 2020

Dear Parents

It is wonderful to be back in the school after a restful and relaxing break. I'll be honest in saying that I was able to not have to think about the school whilst I was away. This is a reflection of the very capable staff at Sacred Heart and in particular our wonderful Assistant Principals Mr Shane Landers and Mrs Lisa Ripley. The school was in very capable hands and I thank them for doing such a wonderful job whilst I was on leave.

I wrote to you recently regarding our term calendar and the fact that there are events planned that were added under the assumption the state would have moved to Phase 5 easing of restrictions. Unfortunately, that has been delayed and we remain in Phase 4. As a result, there will be changes and cancellations to some of these events. I will be communicating these changes regularly through email. Should Western Australia move to enter Phase 5 or need to re-enter Phase 3 I will let you know what they will mean for our school. We are obviously still in very uncertain times and I thank you for your ongoing patience and understanding.

The above situation has implications for some aspects of our Sacramental program and Lisa Ripley will communicate with parents of these year groups directly. We are working closely with the parish and hope to be able to find a way to celebrate Confirmation. I may have more to communicate around this in the weeks to come.

I recently was notified by our Finance Officer Mrs Ann De Goojier that she will be retiring. The process to find her replacement is underway. Ann has served our school well and will be missed from the role. I wish her all the best for the future.

Our Parenting Ideas article is about maintaining strong family traditions and rituals. Whether it be movie nights, regular exercise together or ensuring the evening meal is eaten together, these things become the glue that holds us together as a unit. I hope you find it useful.

This term we are focusing closely on our core school value of Responsibility. Please discuss this with your children at home when opportunities arise.

Lastly, our Year Four teacher Sophie Keefe recently shared staff prayer and her reflection was around celebrating the 'now' in your life and making sure it is 'epic'. This spirit of gratitude is so important in the difficult times we find ourselves in. I have attached the video she shared with us so you can view it as well. <https://www.youtube.com/watch?v=-nIsOMGgCdo>

God Bless

Steve Gibbs  
Principal

You take on the responsibility for making your dream a reality.

~ Les Brown

I don't believe in collective guilt, but I do believe in collective responsibility.

~ Audrey Hepburn

Holiday is over!  
Back to work.



From the Heart

**SACRED HEART  
SCHOOL**

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## **Maintaining Strong Family Traditions**

Strong families develop their own traditions and rituals that define them and bind members together. Birthdays, Christmas, Diwali, bar mitzvahs, and Ramadan are some traditions and rituals that families enjoy. They are the coat hooks upon which we hang our family memories. By definition, they are permanent and not set aside when life gets busy.

Rituals can be as simple as a parent saying to a child 'I love you' each day as they go to school, a weekly game of cricket or another sport, or the bedtime-story routine that so many children love. The permanence and uniqueness of rituals give them their significance.

My own family, for example, has developed a very strong food culture that is shown through the traditions and rituals that we maintain. A meal takes time and effort to prepare and there's an expectation that everyone contributes in some way. When the children were young the contribution was in preparation, table-setting or post meal clean up. The tradition of contribution continues as a new generation of children visit and do their bit to assist. Like most traditions this mealtime ritual was nurtured as a result of past parental experiences and gradually became refined over time to reflect our own family's unique identity.

### **Develop traditions early**

Family traditions are best developed when children are pre-school or primary school aged. Parent approval is important so kids will generally comply when enjoyable family traditions engender a relaxed, calm atmosphere. Adolescents are likely to challenge many of their family's traditions and rituals, which is often difficult for parents to encounter. It helps to establish the traditions that are negotiable and those that are non-negotiable so you can approach adolescent challenges with some flexibility.

### **Defend them fiercely**

When a child tells you that 'everyone at school is allowed to do....' you can reply by saying, "In our we family we do it this way." Leaning against family tradition in this way gives you a strength to resist children's pester power. Family traditions and rituals need to be fiercely defended by parents.

### **Make family meals non-negotiable**

This writer recommends that shared mealtimes should be non-negotiable in families. It's no coincidence that countries with strong food cultures are also known for their strong family cultures. Shared mealtimes build connection, are great tools for developing children's manners and respectful actions. They've also been linked to the maintenance of good mental health in children and young people, presumably due to the opportunity it provides parents to stay in touch with their children.

Healthy families are built around traditions and rituals. It's useful to approach the concept of family traditions with a mix of firmness to insist that children adhere to family rituals but also flexibility to accommodate growing independence as children move into the next stage of development.

## **IMPORTANT!!!!**

**As infection is a priority concern at the moment, PLEASE DO NOT SEND YOUR CHILD TO SCHOOL with any kind of a sniffle, cough, or sickness as they will be sent home.**

**Thank you for your co-operation.**

## KINDY ENROLMENTS



We are now **finalising** enrolments for **Kindy 2021**. We are now **finalising** enrolments for **Kindy 2021**.

If your child was born between

**1 July 2016 to 30 June 2017**

they will start Kindergarten at the beginning of 2021.

Enrolment forms can be obtained from the school office or via our website and must be lodged with us as soon as possible. **Interviews have already commenced.**



We hope that all parents have joined the **SACRED HEART PRIMARY SCHOOL THORNIE** Facebook page. (Make sure it isn't the Anniversary page) We try to keep you informed on the latest "happenings" at Sacred Heart.



Every time you see this and click on the posted "link" you will see one of our teachers reading a story to the children.

## PARISH NEWS

**Mass times: 6.00pm Saturday; 8.00am and 10.00am Sunday. 9.00am Mon – Friday**

### **SUPPORT WORKER WANTED;**

Looking for an honest, responsible and committed person who lives locally to support and mentor my son with disability. If you are patient, have the ability to engage in conversation, have the right and positive attitude and are willing to learn skills, please contact me on 0421 953 747 (Anne) Training is provided. Experience not necessary.

### **SACRED HEART TEENS NIGHT**

Sacred Heart Youth invite all teens 12-17 years to attend our next teens night on 15 August for games, talk and food in the Foley Centre after 6.00pm Mass. Please bring \$5.00 donation towards dinner. For more info please contact Theresa Beard on 0403898578 or sacredheartyouththornie@hotmail.com

## FINANCE from.....

Mrs de Goojier

**We fully understand that some families have been financially affected by the COVID 19 and we would like to say how much we appreciate the payment of school fees.**

## LIBRARY NEWS

Mrs Stilwell

## SCHOLASTIC BOOK CLUB

Issue 5 is out now and the brochures will be sent home today. Orders close **7<sup>th</sup> August**. Please be reminded **ONLINE ORDERING ONLY**.

### **Entertainment book**

Buy an Entertainment Membership to support our fundraising! 20% of all sales is donated back to the school.

If you purchase now you will receive, 1-month extra Membership FREE on single & multi Memberships\*

Buy today and have 6 months to activate your Membership or activate today and continue to save on gifts cards, local takeaway and essentials.

<https://www.entertainmentbook.com.au/orderbooks/83356f>



### **My School Rules Competition**

Our school is one of eight schools participating in The My School Rules Competition. **We ask you to please remember to place any of the shopping docketts from Forest Lakes Forum in the Sacred Heart School box located outside Red Dot at Forest Lakes Forum.**

Alternatively, you may place your shopping docketts in the P&F Box located in the Office, which will be collected and placed in the Sacred Heart School box at Forest Lakes Forum.

The totals of the shopping docketts are tallied during the school term and following school holidays. The school with the biggest improvement in points per enrolled student at the conclusion of the competition period compared to the same period the previous year wins the top prize of \$1,000 in shopping vouchers plus all schools win other minor prizes.

We really do value these shopping vouchers as they pay for many of the items we require during the year to carry out fundraising for our school and so we kindly ask you to please support this competition for the benefit of our school.



### **Sacred Heart Thornlie P&F Facebook Page**

To keep up to date on all the exciting events that are happening at the school, 'Like' our Facebook Page. This is a great way to keep up to date on the latest events, when forms are due back and to ask any questions the P&F may be able to assist you with.

Search for **Sacred Heart Thornlie P&F**

### **Well Wishes from the P&F**

As we all know the last few months has been a time that no one could have imagined. It has been wonderful to see the Community join to get through it. The P&F would like to remind you that we are here and are thinking of all our families at this time.



On Thursday the 30<sup>th</sup> of July, a squad of 24 runners from Sacred Heart Primary School descended on Tomato Lake reserve to compete in our Interschool Cross Country Carnival. Having two new school's enter our association bringing the total to eight schools gave our runners some new challenges. We were blessed from start to finish with beautiful running weather.

We gave ourselves a goal of cracking into the top 2 schools overall, unfortunately for us we fell just 19 points short of 2<sup>nd</sup> spot, finishing 3<sup>rd</sup> overall out of 8 schools. I could not be any prouder of the fight, determination and effort from each of our students on the day, they did themselves and the school proud.

Special mentions do have to go out to Hannah (Year 4) for winning champion girl, Liam (Year 5) for finishing 3<sup>rd</sup> and Sian (Year 6) for finishing 4<sup>th</sup>.

Final standings:

<b>1<sup>st</sup></b>	<b>St Emilie's</b>	<b>348 Points</b>
<b>2<sup>nd</sup></b>	<b>St Joseph's</b>	<b>275 Points</b>
<b>3<sup>rd</sup></b>	<b>Sacred Heart</b>	<b>256 Points</b>
<b>4<sup>th</sup></b>	<b>St Munchin's</b>	<b>230 Points</b>
<b>5<sup>th</sup></b>	<b>Notre Dame</b>	<b>213 Points</b>
<b>6<sup>th</sup></b>	<b>Xavier</b>	<b>183 Points</b>
<b>7<sup>th</sup></b>	<b>Salvado</b>	<b>172 Points</b>
<b>8<sup>th</sup></b>	<b>St Maria Goretti</b>	<b>141 Points</b>



During HASS in Week Two, The Year Four students travelled to a variety of European countries to learn about their geographical features. Although we can't travel internationally at the moment, students really enjoyed having their passport "stamped" and earning their "return ticket" back to Perth! Here are some of our holiday highlights.



# October VacSwim

Enrolments open Wednesday 22 July 2020.

Armadale Fitness and Aquatic Centre is pleased to be a host Centre for VacSwim this October school holidays. The program is run by the Department of Education.

VacSwim offers affordable swimming lessons across the state, giving children the opportunity to learn to swim in a safe and enjoyable environment.

Program Dates: 29 September to 9 October 2020

For more information or to enrol please visit <https://www.education.wa.edu.au/enrolling-in-vacswim>, telephone 9402 6412 or email [vacswim@education.wa.edu.au](mailto:vacswim@education.wa.edu.au)

## CANTEEN ROSTER FROM 10 August

### CODING INFORMATION

This is an after-school group that will provide a further opportunity for students to develop their knowledge and experiences in computational thinking, computer sciences and coding.

This group will be open to students from Years 3-6. This will require a minimum commitment for five weeks. Sessions will be held at 2.45pm starting 27 July in the Science Room and students will need to be promptly picked up at 3.30pm from the carpark. Students must bring their iPads, but anyone from Yr 3 will be able to utilize school owned devices.

YEARS 3-6  
JOIN NOW  
Code Creators

COLLABORATE COMMUNICATE  
PERSONAL GROWTH

CODING ROBOTICS PROBLEM SOLVING  
RESILIENCE COLLABORATION THINKING

“MAKE CODING YOUR SUPER POWER!  
IT'S THE LANGUAGE OF THE FUTURE!”

WHAT INDIVIDUAL/GROUP CHALLENGES TO UP  
SKILL YOUR CREATIVITY AND CODING!

WHEN MONDAY'S 2:45-3:30pm

WHERE SCIENCE ROOM

BRING YOUR IPAD

INTERESTED SEE MRS THOMAS OR MRS CARROLL

## CANTEEN ROSTER FROM 10 August

Monday 10 Aug	Tuesday	Wednesday 12 Aug	Thursday 13 Aug	Friday 14 Aug
S. Weale	CLOSED	J Garvey	P.Ong	J. Albanese

SACRED HEART PRIMARY SCHOOL

# BYOD PARENT SESSION



11th of August

6:30PM

Year Four Classroom

- Key information about the requirements for BYOD in Year Four.
- The benefits of BYOD in the classroom.
- Examples of learning with the use of iPads.





## GARDENING CLUB

Every Wednesday lunchtime the students at Sacred Heart are invited to participate in gardening club. Our garden is located at the back of the Inclusion Support Centre. We planted poppy seeds last week in preparation for Remembrance day. This week we planted corn. Here are some reviews from team:

*Timothy- I like how peaceful it is*

*Jacob - The best thing is you get to grow your own things and take them home and eat them.*

*Liam- I like to eat the fresh produce we grow*

*Isobel - every season we clear the plants to fit the necessary weather*



AGE RESTRICTION  
13+



LIVE



LIVE

WHAT IS HOUSEPARTY?

Houseparty is a live streaming app described as a face-to-face social network where people 'drop in' on each other to video chat, leave messages and hang out in groups. In the UK alone, there is an estimated 1.5 million people using the app, more than half of which are under the age of 24. Houseparty is available for iOS, Android and macOS, and it's important to note that children under the age of 13 must have a parent's permission to access the services, however, no proof of age required to create an account.

HOW DO YOUNG PEOPLE USE IT?

Each time the app is opened, your child will be instantly connected to other users who are also on the app. Users can create group conversations of up to eight people at one time. Each time a person joins, the screen splits to show everyone who is part of the conversation. Your child can add contacts via phone numbers, search for their usernames, and share a link to their profile. They can have as many rooms as they want and move from chat to chat by swiping across the screen. Along with this functionality comes a few associated risks to be aware of...

# What parents need to know about Houseparty

"STRANGER DANGER"

Friends of friends can join conversations on the platform without the need to be connected or known to all the other users in the chat. Houseparty calls this feature 'Stranger Danger'. While it does alert users when individuals they may not know enter their chat room, it also suggests strangers might be a reason for 'party time'. There's also the danger of people attempting to deliberately mislead others by using false names or usernames.

SEXUALISED MESSAGES

People may use live streaming apps such as Houseparty to engage in inappropriate or illegal activities. There have been concerning reports directly linked to Houseparty, including one incident where two Mancunian children aged 11 and 12 were reportedly targeted by men exposing themselves back in 2017. Outside of their close friendship group, it's also important to note that friends can also connect with your child via the app, which may include people with this intention.

CONTENT BEING SHARED

The 'facemail' feature lets users share moments from their Houseparty conversations by recording and sharing 15-second snippets of chats. They also have the option to save these moments to their gallery. For privacy purposes, every member of the group will see a notification if another member is recording - this could be a concern if your child shares something in the live chat they may later regret. Once recorded, they lose control over the video and how it is used.

CYBERBULLYING

Cyberbullying is when people use technology to harass, threaten, embarrass, or target another person. Group chats can be used by bullies to make negative or hurtful comments which may cause offence or be harmful to others in the group. Exclusion from friendship groups within the platform may make your child feel sad and left out/socially excluded.

OVERSHARING PERSONAL INFORMATION

Children often don't understand the risks involved in giving out too much personal information in a live stream or within their profile. They may also be less protective of personal details during online conversations. One example of this within a live chat could be their background revealing information about where they live or go to school without realising.

IN-APP PURCHASES

By tapping on the dice icon your child can play a game called 'Heads Up!' where one person gives clues to describe someone or something and the other players guess. Three cards are included for free but additional decks cost real money. There's the potential for your child to get carried away playing the game while working up a small fortune.

## Top Tips for Parents

SAFER CONVERSATIONS

With live streaming being such a popular feature on apps, it is important that you are aware of the dangers associated with it in order to protect your child effectively. Have regular and honest conversations with your child about what apps they are using and how they are using them. It may be a good idea to have your child show you how they use Houseparty and how to navigate through the platform so you are aware of how it works.

PROTECT THEIR PRIVACY

Your child may unknowingly give away personal information during a live stream, including their location. Talk to them about what constitutes 'personal information' and make sure they do not disclose anything to anyone during a live stream, even to their friends. Advise them to remove any items in their live stream (school uniforms, street name, posters etc.) that could potentially expose their location or personal information. Check your child's privacy settings thoroughly. You have the option to opt out of certain uses and disclosures of personal information, such as turning off the app's location sharing option.

REMOVE LINKS TO OTHER APPS

Users can link their account to both Facebook and Snapchat, or can simply share a link to their profile. We advise that you remove these links and remind your child not to publicly share access to their online profiles as there is the potential for strangers to get hold of your child's information or communicate with them.

CHECK COMMUNICATIONS

Also, it's important to be aware of who is on their friends list and who they are communicating with. Remind your child to not communicate with people they do not know and trust. If they experience something on the app that makes them feel uncomfortable then they should tell a trusted adult immediately. Remind your child that if they get an invite to join a Houseparty room from someone they don't recognise, then they should ignore the request.

PROTECTING YOUR CHILD'S DIGITAL FOOTPRINT

As the videos are live, it may lead to the misconception that whatever happens in the video will disappear once the live stream ends. All content shared on the app can be recorded or screenshotted and shared to a wider community. It is important that your child knows that what they do now may affect their future opportunities. In addition to this, the video chat can't be reviewed later which means unless a parent or carer is sitting nearby during a call, they won't know what has been said. It's worth bearing in mind that parents can see when their child has last communicated with someone and for how long for under the 'We Time' feature.

BE PRESENT

A study conducted by the Internet Watch Foundation (IWF) found that 96% of streams showed a child on their own, often in their bedroom or bathroom. If your child is going to conduct a live stream, ask them if you could be present for it. This will give you a greater understanding of what your child is doing during their live streams and who they are streaming to.

REPORTING AND BLOCKING

If your child faces a problem while using the app they can report direct to the platform by shaking their phone. A prompt will pop up allowing you to report issues immediately by clicking on the 'report now' button. They also have the option to report and block users directly on the user's profile.



Houseparty @houseparty · 18h

Replying to @nationalonlinesafety

Thanks for such a thorough write up! Trust & safety is SO important to us. One additional tip is to use the app settings to turn on 'Private Mode' which automatically locks the room, instead of doing it manually. Parents with questions can always email us at [hello@houseparty.com](mailto:hello@houseparty.com)

SOURCES: <https://www.theguardian.com/uk-news/2018/oct/18/houseparty-the-chat-app-that-broke-the-fourth-wall>  
<https://www.naf.org.uk/>

A whole school community approach to online safety

www.nationalonlinesafety.com

Email us at [hello@nationalonlinesafety.com](mailto:hello@nationalonlinesafety.com) or call us on 0800 368 8061

SEE ALSO: LIVE STREAMING GUIDE FOR PARENTS







**Gosnells Hawks Baseball Club  
Inc.**

**REGISTRATION DAY INFORMATION**

Dates: 16th & 23rd August 2020  
 Times: **16 Aug: 10-12pm** & **23rd Aug: 2-4pm**  
 Venue: Perth Harley Davidson BallPark,  
 Cnr of Nicholson & Wilfred Roads, Thornlie.  
 We will be up on the Terrace.

**COME ON DOWN AND MEET THE TEAM!**

For more details, please go to  
[www.gosnellshawks.weebly.com](http://www.gosnellshawks.weebly.com)  
 Contact: Caroline Adamson  
 (gosnellshawks@gmail.com)  
 Kim Houston  
 (houstonkim@rocketmail.com)

Tee Ball – Ages 4 to 6  
 Machine Pitch – Ages 7 to 10  
 Little League – Ages 9 to 12  
 Junior League Under 15s  
 Senior League Under 17s  
 Big League Under 19s

**KidSport Information:**

<https://www.dsr.wa.gov.au/funding/individuals/kidsport>



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 Traditional Korean Martial Art

**2 WEEKS FREE TRIAL**

**TINY DRAGONS (4-6 years)**

- Fun & discipline
- Motor skills
- Coordination
- Listening skills
- Interacting with others

**CHILDREN (7-12 years)**

- Self-discipline
- Self-respect
- Respecting others
- Don't let bullies rule their life
- Healthy body = healthy mind

**ADULTS (13 years +)**

- Fitness
- Self-confidence
- Weight management
- Sense of achievement & purpose
- All abilities & fitness levels welcome

Berry Durston Indoor Sports Centre, Centre Road, Camillo 6111

Call Lee on **0424 549 377**  
 email: [info@kuksoolwon-nse.com.au](mailto:info@kuksoolwon-nse.com.au) | web: [kuksoolwon-nse.com.au](http://kuksoolwon-nse.com.au)

# SCHOOL PHOTO DAY IS COMING!

27 and 28 August

Dear Parents,

*For the duration of COVID-19, please be aware that Kapture photographers are following all recommended health guidelines and safe practices. Photographers will use verbal queues and instructions in an effort to uphold a high standard of student presentation. Students may be instructed by photographers to use single use sterile combs, use wet wipes or tissues, to fix collars, buttons and stray hairs - without physically touching students.*

Our school photo day is coming! Approximately two weeks prior to the photo day every student will receive a Kapture Photography order envelope to bring home. The recommended method of ordering your photos is online through Kapture's website as your payment is secure and can be easily verified at any time. **If you pay online, there is no need to return the order envelope to school.**

Alternatively you can pay by cash and return the provided envelope to the school on the photography day. Please note the photographers cannot open sealed envelopes and cannot provide change.

