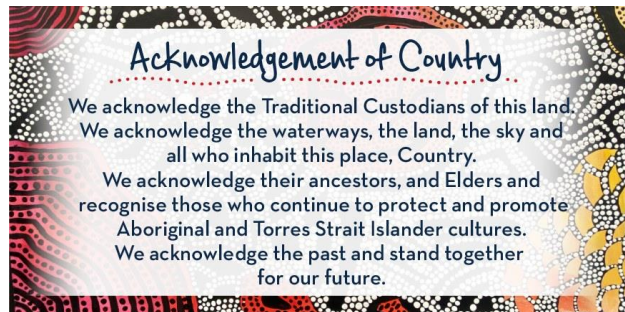


# Sacred Heart School Thornlie



From the Heart Newsletter - 13 June 2024



## *A Prayer for our School*

Dear God,  
Thank you for looking after our School.  
Thank you that you love each and everyone of us here.  
Help us to learn, play and share together,  
So that the wonderful world you have  
made becomes more beautiful everyday.  
Amen.



## Principal's Message

Dear Parents

We are nearing the end point of what has been a very busy term. Our teachers are currently finalising their semester reports, and these will be edited and finalised over the coming weeks for release in the last week of term. This is always a large undertaking for our teaching staff and I thank them for their time and effort.

I would like to remind all families that the school is currently conducting Kindergarten enrolments, please make sure if you have a child entering Kindergarten in 2025 (born between **1 July 2020 to 30 June 2021**) then you need to enrol as soon as possible. If you have friends or family with children please share this news with them to ensure they do not miss out on a place.

Sometime over the next two weeks you will be invited to book meetings with classroom teachers. It is very important that you are up to date with your child's learning and what you can do to assist in their learning as part of the school/home partnership. During enrolment interviews for Kindergarten I highlight to new families the importance of a positive, engaging and honest parent and school partnership. It is absolutely critical to a successful education. These meetings will take place on our first day back **Monday 15 July**, which will be a pupil free day and will be conducted either at the classrooms or online.

Last Friday I had the pleasure of attending the Catholic School Parents Western Australia (CSPWA) 70th Anniversary dinner and excellence awards evening. Our school was nominated in a number of categories <https://www.csp.wa.edu.au/CSPWA-awards-of-excellence<sup>1</sup>>:

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<sup>1</sup><https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.csp.wa.edu.au%2FCSPWA-awards-of-excellence&data=05|02|Chloe.OLeary%40cewa.edu.au|d828bf75128249c17ef108dc8b564ce7|c5852f2336334f29>

- Parent Award – Taryn McNeill and Jenny Garvey
- Parent Group – Sacred Heart P&F
- Principal – Steve Gibbs
- Parish – Paula Elder

Whilst we did not take out the award in any category, we had a great night together and enjoyed the guest speakers, including Bishop Michael Morrissey and Dr Laura Allison. It is wonderful that our community thought to nominate our school in so many categories.

Our Happy Families article this week is about making family time fun. It provides some helpful suggestions that will no doubt be useful for the upcoming school holidays. Enjoy.

This term we have been focusing on the school virtue of Reverence. I was extremely impressed with the children’s display of this at our recent Sacred Heart Day mass. A great example of our values in action.

God Bless

Steve Gibbs

Principal



*1 - Congratulations to our amazing nominees!*

## Happy Families

### Making Family Time Fun by Dr Justin Coulson

For many of us, fun stopped becoming spontaneous and automatic around the time that we decided we had to be responsible adults. But if we want our families to be happier, we need to find ways to make family life FUN!

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[b38651da53e35e23|0|0|638538449983012618|Unknown|TWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQljojV2luMzliLCJBTiI6I6k1haWwiLCJXVCi6Mn0%3D|0||&data=aLzn3UZPxZFr%2BjZyoZfjLO5HuWbaPuNSxQ3j7ER1PM%3D&reserved=0](https://www.facebook.com/638538449983012618/?fref=ts&data=aLzn3UZPxZFr%2BjZyoZfjLO5HuWbaPuNSxQ3j7ER1PM%3D&reserved=0)

Here are 5 ways to make fun a habit:

### **1. Smile more**

Imagine a child whose every interaction with their parent is met with a look of serious concentration or contemplation—they are not angry or annoyed, simply preoccupied. Now, imagine that when that same child looks at their parent, they receive warm smiles and gentle, approving eye contact. Which would have the most positive influence on the child's wellbeing?

Smiles improve relationships, and they seem to make life more fun. Let your face know you feel great. Smile!

### **2. Learn new things together**

Most children are naturally inquisitive and deeply curious. They love to learn new things. Learning is both fun and potentially profound when we do it together. We can have fun helping our children explore a topic they are interested in; we can plant a garden, learn new sports, and do crafts.

Exploration, learning, and curiosity are fun and make families happy. It simply requires that we are willing to be creative, explore ideas, and respond to our children's questions with enthusiasm and interest.

### **3. Just add treats**

I don't know of any family activity that can't be enhanced with treats. If you are having a family meeting or a working bee in the garden, include popcorn, ice cream, brownies, or, if you don't do processed sugars, a big bowl of strawberries or freshly chopped watermelon.

This approach is best used randomly and for fun, rather than as a bribe. Treats are fun! But they should be offered unconditionally and to everyone, rather than only on conditions being met and only to those who meet the conditions. Otherwise, it stops being fun for everyone.

### **4. Celebrate—whatever!**

Our lives are full of reasons to celebrate, from a child's small success to a big achievement. Celebrate in varied ways: a hug, high-five, ice cream, movie outing, special date, or a family dinner. For best results, make celebrations spontaneous and unexpected, not used as bribes.

We don't need to make our children's minor experiences into front-page news, but we can have fun when they do well. Do something more than nod 'well done' while chopping carrots for dinner. Pause. Get into the moment. Respond actively and constructively. Celebrate!

### **5. Five minutes of fun**

If your children are demanding your attention, give it to them. We can all afford 5 minutes to become engrossed in some fun with our children. This can be unstructured play, like rolling around on the floor or dancing to a favourite tune, or it can be structured play, like a game of UNO or charades.

These micro-moments of positive engagement show that we are involved and available to our children. They teach our children that they are worthy, and they promote a sense of family cohesion and togetherness. They give us moments to be grateful for, to reflect upon, and to savour.

So today, find something to smile about. Drop your agenda and have some fun. Find something new to learn about or explore with your children. Cook treats, buy treats, or just eat treats. And find something—anything—to celebrate. Then, do it again, maybe a little differently, tomorrow.

## Term Two Key Dates for your diary

***The link to the Term 2 calendar is attached and is posted on the school website. A hard copy of the Term 2 planner can also be obtained from the school office.***

Link to website to view Term Dates for the year - <https://shthorn.wa.edu.au/calendar/>

### Key Dates:

- Friday 14 June - Year 3 Assembly 2pm in the Hall
- Thursday 20 June - House Cross Country
- Friday 28 June - last day of Term Two
- Monday 15 July - Parent Teacher meetings
- Tuesday 16 July - First day of Term 3 for students

## Religious Education News



Last week our school and parish celebrated Sacred Heart Feast Day. It was a wonderful day for all. We are reminded on this special day of the significance of the Sacred Heart image that symbolises important details about Jesus.

- The human heart depicted in the image reminds us of Jesus' humanity.

- The cross and crown of thorns around the image of the heart reminds us of the sacrifice Jesus made by dying on the cross.
- The heart is described as an image of love and a reminder of Jesus' love for us.

Thank you to all our volunteers, students and staff that made Sacred Heart Feast Day a wonderful day for our students. All money raised on Sacred Heart Feast Day goes to the following charities: Life Link, Catholic Missions, Caritas, the Loretto Missions and St Vincent de Paul.



*2 - Students trying their luck at the P&F Lucky Dip stall!*

## **St Vincent de Paul Volunteers wanted!**



Our parish St Vincent de Paul are looking for adults to take food and items to local families 1 day/afternoon a week. If you are interested in volunteering, please contact Trish on 0488017943.





Our Year 6 student leaders Leo, Pshiarjara, Esther and Zoie represented our school at the 2024 Life Link Launch at Newman College last Wednesday. Our leaders joined hundreds of Catholic schools around Perth to learn about the many Catholic Agencies that Life Link support throughout Western Australia, helping so many Western Australians with their diverse needs. These agencies include: Shop Front, Identity WA, Centre Care, Catholic Ministry for People who are Deaf or Hearing Impaired, Catholic Outreach, Emmanuel Centre, Daydawn Advocacy Centre, Emmaus Centre, Centre Care Employment and Training and Samaritan Project.



*3 - Pshiarjara, Zoie, Esther and Leo*

## Term 2 and 3 Sacramental Dates

### **Sacrament of First Reconciliation**

Sacrament of First Reconciliation Commitment Mass: Saturday 15 June 6pm

Sacrament of First Reconciliation Parent/Student Meeting 6pm Thursday 1 August

Sacrament of First Reconciliation Retreat Day 8 August

Sacrament of First Reconciliation 13 August 6pm

### **First Holy Communion**

First Holy Communion Commitment Mass: Saturday 27 July 6pm Mass

First Holy Communion Retreat Day & Parent/Student Meeting 6pm: 29 August

First Holy Communion 8 September 12 pm

## New Parents to Sacred Heart - SEQTA Engage



New parents from Pre-primary to Year 6 would have received an email at the start of the year inviting you to join SEQTA engage. This is to enable you to access your child's school reports, NAPLAN results and your child's WASN number. Please activate this account within a week of receiving this email as the activation period lasts for one week. If you need SEQTA engage re-activated, please contact Mrs Karen Cousins in the office and she will reset activation for you.

## Sacrament of Confirmation Photos

The gallery for Confirmation photos is now ready to view.

Please find attached a letter from MSP with information on how to order the Sacrament of Confirmation photos online.

Please note, photos can only be ordered online.

To place your order online, simply visit [msspphotography.shootproof.com](https://msspphotography.shootproof.com)

1. Locate your school album, then select the album titled: Sacred Heart Primary School - Thornlie Confirmation 17.05.2024
2. Enter the password to view the album (it is Caps Lock Sensitive).
3. The password for this event is: **L79T6U4**

If you have any queries, please contact MSP on: 08 9240 8000

[events.perth@msp.com.au](mailto:events.perth@msp.com.au) , Monday – Friday 8:30am -4:30pm

## Finance News

### SCHOOL FEES – 2nd Instalment due by Friday 28th June

If you have chosen the 3 Instalment Option for School Fee Payments please ensure that you have made the 2nd payment Instalment by Friday 28th June, the last day of Term 2.

Reminders will be sent home to families next week.



Please contact Lindy Munnings on [accounts@shthorn.wa.edu.au](mailto:accounts@shthorn.wa.edu.au)<sup>2</sup> for a confidential discussion regarding payment plans or if you are experiencing difficulties in meeting your school fee commitments.

### HEALTHCARE CARDS

It is the responsibility of the parents to present their new card at the school office (so a copy can be taken) to ensure that discounts are not cancelled because the card has expired. If you have received an updated Health Care Card recently, please bring it in to complete the forms as soon as possible.

Lindy Munnings

Finance Officer

## Did you know we have a 3-Year-Old Kindy? Enrolments are now open for 4 Year old Kindergarten for 2025 and 2026



We are now accepting enrolments for kindy for 2025 and 2026. Make sure you get enrolment forms in as soon as possible as positions are limited and interviews for the 2025 intake have commenced.

If your child was born between **1 July 2020 to 30 June 2021** they will start 4 Year Old Kindergarten at the beginning of **2025**. If your child was born between **1 July 2021 to 30 June 2022** they will start 4 Year Old Kindergarten in **2026**.

Enrolment forms can be obtained from the school office or via our website

<https://shthorn.wa.edu.au/enrolment-process/>

Did you know we have a **3 Year Old Kindy** at Sacred Heart? It is run through our Early Learning Centre which means you are able to claim the childcare benefit. It is a great starting point in preparation for your child attending 4 year old kindy at Sacred Heart. Your child can attend once they turn 3 years old. For further information please contact Megan in our ELC on 9251 3014 or refer to our website <https://shthorn.wa.edu.au/three-year-old-programme/>

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<sup>2</sup><mailto:accounts@shthorn.wa.edu.au>

## Sacred Heart P&F

### **Sacred Heart Day**

We would like to thank all the students that supported our stall at Sacred Heart Day. All money raised will be donated to charity and we know it will make a difference to many.

### **Father's Day**

We are seeking donations for the annual Father's Day Raffle. All donations can be handed into the office, we are grateful for all large and small donations.

### **Sports Carnival VIP tent**

How does your very own VIP gazebo complete with lunch, beverages, chairs and a prime position sound on sports carnival day? The only thing you will need to do is purchase a ticket (or several) to go into the draw to win the VIP experience. Imagine the only thing you'll need to take to the carnival is yourself, no lugging chairs, umbrellas, food or picnic rugs. The winner will be supplied with lunch, beverages, and chairs for four people and of course bragging rights. The VIP gazebo will be roped off, so it is all yours to share with whom you like or keep it for yourself. The ticket link will be released shortly and shared via our Facebook page.

### **Reading Books & Basketball Court Resurfacing**

We would like to let everyone know that we have purchased new reading books for the students to help them on their reading journeys. Our focus for this year is to raise enough funds to resurface the basketball courts so please continue to support the P&F.

### **'Sacred Heart Thornlie P&F' Facebook Page**

To keep up to date on all the exciting events that are happening at the school, 'Like' our Facebook Page. This is a great way to keep up to date on the latest events, when forms are due back and to ask any questions the P&F may be able to assist you with.

Search for **Sacred Heart Thornlie P&F**

### **Containers for Change**

The P&F has been running the Containers for Change program for a few years now. This has proven to be a profitable scheme for the school, and we would like to encourage our existing and new families to please donate your eligible containers.

### **P&F Meeting**

Our next meeting will be held on **Monday 29 July at 6:30pm** in the staff room. Entry is through the school office. We would love to see some new faces and encourage anyone wanting to know more about the P&F to come along.

## Term 2 Canteen Volunteer Roster

If you are able to help in the Canteen in Term 3 please use the following QR code to complete the Microsoft form:



New volunteers always welcome.

If you are unable to come in on your rostered day, please contact Abi 92513007 (8AM-1PM)

A/H 0421 831 343

## Term Two Canteen Menu

MENU ITEMS		MONDAY	THURSDAY
<b>RECESS</b>		<b>Beef Burger</b> \$5.50 (Beef patty, cheese, lettuce & tom sauce)	<b>Hot dog &amp; tomato sauce</b> \$4.50 add extras options mustard 50c, cheese 50c
Crunch & Sip (Salad sticks)		<b>Chicken Burger</b> \$5.50 (Crumbed chicken, cheese, lettuce & tom sauce) add extras options e.g tomato 50c, onion 30c, mayo 50c mustard 50c, pineapple 50c	<b>Nachos</b> \$4.00 (Corn chips, salsa & cheese)
Fruit cup (seasonal fruit) 50c	<b>SANDWICHES &amp; WRAPS</b>	<b>Nugget Box</b> \$6.50 (Hashbrowns, Chicken Nuggets, Salad sticks + juice box)	<b>Toasted Pocket</b> Tuna/Cheese \$5.00 Chicken/Cheese \$5.00 Ham/Cheese \$4.50 Add Salsa 50c, Mayo 50c, BBQ sauce 50c
Custard Crowns \$1.50	<b>White or wholemeal</b>	<b>Bento Box</b> \$6.00 Mini muffin, fruit, cheese & crackers, chick wing & a cheese or vegemite s/w	<b>Bento Box</b> \$6.00 Mini muffin, fruit, cheese & crackers, chick wing & a cheese or ham or vegemite s/w
Dinobite 50c	Vegemite \$2.50 Cheese \$2.50	<b>Salad Box</b> \$5.50 Cheese, cucumber, carrot, lettuce, tomato & egg ADD chicken or tuna \$1.50	<b>Salad Box</b> \$5.50 Cheese, cucumber, carrot, lettuce, tomato & egg ADD ham \$1, chicken or tuna \$1.50
Party Pie 60c	Tuna \$3.50 Salad \$3.30		
Hash brown 60c	Tuna/salad \$4.80 Egg \$3.00		
Cheezie \$1.30	Chicken \$3.50 Curried Egg \$3.50		
Vegemite cheezie \$1.00	Chick/salad \$4.80		
Cheezie sub \$1.20	Ham (Thurs & Fri Only) \$3.00		
Pizza cheezie sub \$1.50	Ham/salad (Thurs & Fri only) \$4.30		
(Thurs & Fri Only) \$2.00	<b>(Salad : carrot, cucumber, lettuce &amp; tomato)</b>		
Warm Milo & Mini Muffin \$2.00	<b>EXTRAS</b>		
	Beetroot 50c Onion 30c		
	Cheese 50c Mustard mild 50c		
	Mayo 50c BBQ Sauce 50c		
	Squeeze on Tomato Sauce 50c		
	<b>Wrap 50c Toasted 50c</b>		
	<b>LUNCHBAGS 10 FOR 50c</b>		
<b>DRINKS</b>	<b>PASTA</b>		
<b>WATER</b> \$1.60	Lasagne \$5.50		
<b>99% JUICE BOX</b> \$2.00	Macaroni Cheese (V) \$5.50		
Apple or Tropical	Twista Pasta Bolognese \$5.50		
<b>JUICE BOMBS</b> \$2.80			
Apple Raspberry, Watermelon,			
Apple Blackcurrant, Apple Cola			
<b>FLAVOURED MILK</b> \$2.80			
Chocolate splash, Strawberry			
smash, Banana Milk, Spearmint			
Shake&Shake			
		<b>FRIDAY</b>	
		<b>Pizza &amp; Juice Box Combo</b> \$5.00 (Margarita or Ham & Cheese) add pineapple 50c	
		<b>Sausage Roll</b> \$4.00	
		<b>Beef Pie</b> \$4.50	
		<b>Chicken Strip Wrap</b> \$5.50 (Chicken tender with cheese, lettuce, carrot, cucumber & tomato)	

4 - 8.30-1pm Monday, Thursday & Friday 92513007

RECESS & LUNCH orders available online via [www.quickcliq.com.au](http://www.quickcliq.com.au) or via the class lunch order box



Holiday Programs are back - Perth District Auskick and Superkick Holiday Programs!

Dates: Monday the 1st of July/Tuesday the 2nd of July

- Auskick Program (5-7yrs)
- Superkick Program (8-12yrs)

Pricing: \$50 per participant (participants will also receive a football)

Location: Ernest Johnson Reserve, 78 South Terrace South Perth

Time: 9am-12pm on both days

Links to register:

Auskick Program - <https://www.playhq.com/afl/register/6677bf><sup>3</sup>

Superkick Program - <https://www.playhq.com/afl/register/6b3944><sup>4</sup>

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<sup>3</sup>[https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.playhq.com%2Faf%2Fregister%2F6677bf&data=05|02|8740svc\\_admin%40cewa.edu.au|7c01353310024adb8aa308dc84391c1a|c5852f2336334f29b38651da53e35e23|0|0|638530628191304530|Unknown|TWfPbGZsb3d8eyJWljoimc4wLjAwMDAiLCJQljoiv2luMzIiLCJBTil6lk1haWwiLCJXVCi6Mn0%3D|0||&sdata=vBp%2F0gOuCoPSSg4y00L%2BaAMwGyqfmrn6mHwbOhtucjg%3D&reserved=0](https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.playhq.com%2Faf%2Fregister%2F6677bf&data=05|02|8740svc_admin%40cewa.edu.au|7c01353310024adb8aa308dc84391c1a|c5852f2336334f29b38651da53e35e23|0|0|638530628191304530|Unknown|TWfPbGZsb3d8eyJWljoimc4wLjAwMDAiLCJQljoiv2luMzIiLCJBTil6lk1haWwiLCJXVCi6Mn0%3D|0||&sdata=vBp%2F0gOuCoPSSg4y00L%2BaAMwGyqfmrn6mHwbOhtucjg%3D&reserved=0)

<sup>4</sup>[https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.playhq.com%2Faf%2Fregister%2F6b3944&data=05|02|8740svc\\_admin%40cewa.edu.au|7c01353310024adb8aa308dc84391c1a|c5852f2336334f29b38651da53e35e23|0|0|638530628191321125|Unknown|TWfPbGZsb3d8eyJWljoimc4wLjAwMDAiLCJQljoiv2luMzIiLCJBTil6lk1haWwiLCJXVCi6Mn0%3D|0||&sdata=vBp%2F0gOuCoPSSg4y00L%2BaAMwGyqfmrn6mHwbOhtucjg%3D&reserved=0](https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.playhq.com%2Faf%2Fregister%2F6b3944&data=05|02|8740svc_admin%40cewa.edu.au|7c01353310024adb8aa308dc84391c1a|c5852f2336334f29b38651da53e35e23|0|0|638530628191321125|Unknown|TWfPbGZsb3d8eyJWljoimc4wLjAwMDAiLCJQljoiv2luMzIiLCJBTil6lk1haWwiLCJXVCi6Mn0%3D|0||&sdata=vBp%2F0gOuCoPSSg4y00L%2BaAMwGyqfmrn6mHwbOhtucjg%3D&reserved=0)

## Useful Links

Uniform Shop<sup>5</sup> Sacred Heart Thornlie Parish<sup>6</sup>

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[iLCJBtIl6Ik1haWwiLCJXVCI6Mn0%3D|0||&sdata=WCPGebBDfAj%2Ff3DY02KiOLCfAX3iT2CNV2sIQaMj0NM%3D&reserved=0](https://www.nellgray.com.au/Uniform-Concepts/Willetton-Super-Store)

<sup>5</sup><https://www.nellgray.com.au/Uniform-Concepts/Willetton-Super-Store>

<sup>6</sup><http://www.thornlie.perthcatholic.org.au/>