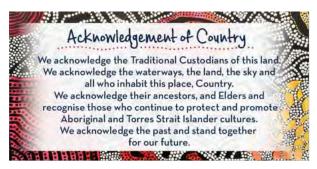
# Sacred Heart School Thornlie



## From the Heart Newsletter - 30 August 2024





### **Principal's Message**

#### **Dear Parents**

Next week we have our school Athletics Carnivals. The Carnival is held over two days. Day one is the Field Events at Langford Oval on Wednesday 4 September for Years 4 to 6. Day two is at school on Friday 6 September for students in PP to Year 6. Detailed information will be sent home via SeeSaw from Mr Bouffler regarding the days. We look forward to seeing the children involved in a variety of events and showcasing their skills they have been developing in their Physical Education classes. I thank Mr Bouffler in advance for all his hard work in organising the carnival and preparing students for the events.

Our school's Choir and contemporary Dance Troupe performed recently in the Catholic Performing Arts festival. Both groups were amazing in their performances, and it highlights the preparation, practice and dedication that the staff and students have shown. Congratulations to the children involved and Mrs Vinci and Mrs Harn for their hard work and dedication.

Next weekend our children in Year Four as well as some children from the parish will receive the Sacrament of First Holy Communion. Please keep them in your prayers as they finish their preparations for this important moment in their spiritual lives.

Our Happy Families article is about children's quest for independence. I hope you appreciate the perspective of the article.

I would like to wish all of the dads, Grandads and significant adult males in our children's lives a wonderful Father's Day. We hope you enjoyed our Donuts for Dad event and Mass. Congratulations to the winners of the P&F raffle. I hope you get spoiled on the weekend and have a great day on Sunday.

This term we are focusing closely on our core school value of Responsibility. Please discuss this with your children at home when opportunities arise.

**God Bless** 

Steve Gibbs

**Principal** 

## Responsibility

'Nothing strengthens the judgement and quickens the conscience like individual responsibility' ~ Elizabeth Cady Stanton

True education flowers at the point where delight falls in love with responsibility ~ Nanne Lamott

## **Happy Families**

#### The Quest for Independence and Identity by Dr Justin Coulson

A lot of parents will do anything for their children, except let them be themselves. —BANKSY

This quote hits home for many of us. We all want the best for our kids, but sometimes our efforts to guide them can stifle their individuality. While setting boundaries is essential (think veggies, homework, and bedtime), too much control can backfire.

#### Revel in Rebellion

Setting limits on our children's behaviour is a natural part of parenting, but it's important to strike a balance between limits and control. Our kids are wired to test boundaries, and that's actually a good thing! Their defiance is often a sign of a healthy desire for autonomy and independence.

Yes, our children's defiance can be inconvenient or even frustrating, but research suggests that those so-called "strong-willed" children often develop stronger self-reliance and well-being later in life. So, if you find yourself parenting a little rebel, take heart — their spirited nature is likely a positive sign of their growth and development.

#### Be their Safety Net, not their Sherpa

Think of your child's journey as a mountain they need to climb. It's tempting to try to pave the path for them, but they need to scramble, stumble, and figure things out on their own. Your job is to be their safety net, not their Sherpa.

Our role isn't to control, but to guide. By offering a safe space to push against, we empower our children to flourish and become their most authentic selves.

#### **The Identity Quest**

The quest to find out who we really are begins early and lasts a lifetime. Letting children be themselves means fostering self-understanding, discovering passions, promoting independent thinking, and allowing

autonomy to shape their identity and decisions. Children need the freedom to make choices – even mistakes – to discover who they truly are.

#### What Lights You Up?

Have you noticed that your child is energised by some things but completely uninterested in others? Each of our children has unique talents, strengths, and gifts. Helping them discover those things that spark delight and enthusiasm, and developing those things over time, will help them discover themselves.

#### Don't Follow the Crowd

Encouraging our children to think independently and stand up for what they believe in, even when it means standing alone, is crucial in helping them discover who they really are. You can help your children do this in a number of ways:

Don't tell them what to think. Instead, ask them what they think. It might be easy in the heat of a disagreement to tell your teen that they don't know what they're talking about when they offer an opinion contrary to yours. You'll actually get further by digging a little deeper, rather than trying to prove them wrong: "Wow, you have strong opinions about [topic]. Tell me why you feel so strongly".

Invite them to take the perspective of others. When someone with a different religion, culture, or way of life does something that they react negatively to, invite them to consider why that person may have acted that way.

Encourage them to think critically but act compassionately. Unfortunately the people who get the most global attention are not always the best role models. Rather than shielding your child from difficult news stories, use them as a springboard for meaningful conversations (while keeping their age in mind). Instead of focusing on simple judgments of "right" or "wrong," dig deeper with questions like:

"What have you heard about this situation? What are your initial thoughts?"

"Why do you think people have different opinions on this matter?"

"How might the actions of those involved affect others? How might they feel?"

"If you were in their shoes, what would you do differently?"

By asking open-ended questions, you encourage your child to think critically, analyse different perspectives, and develop empathy for those involved. It's a chance to help them form their own opinions based on thoughtful consideration, rather than simply repeating what they hear from others.

Letting go and allowing our children to make their own choices, even with the risk of missteps, can be one of the hardest yet most rewarding parts of parenting. By offering support, guidance, and unwavering belief in their potential, you empower your child to forge their own path and become a confident, independent individual.

### **Term Three Key Dates for your diary**

The link to the Term 3 calendar is attached and is posted on the school website. A hard copy of the Term 3 planner can also be obtained from the school office.

Link to website to view Term Dates for the year - <a href="https://shthorn.wa.edu.au/calendar/">https://shthorn.wa.edu.au/calendar/</a>

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week Y	15-Jul Hugill Free day - Parent Teathar Meetings	16-hd St Vinnies Winter Appeal Segini	17-141	18-Jul	25-jul	25-Jul/21-Jul
Week 2 NAIDOC Week	22-Jul Smoking Ceremony (8:45am)	23-iah Year 3 Retenciliation Betreat	24-ful NAIDOC Rossicion (9:30am – 12:20pm)	25-Jul Inversitioal Crass Country VI 4-6	26-3ú NAIDOC Liturgy 8-45am NAIDOC Assembly Zpm	27-hal/28-hal first may Desire and arm separative
Week F	75-Jul PAF - Liturgical Dance Troupe at Mercy College Chapel 10:30-11:30am	10 - Júl	31- <i>N</i> 4	1-Aug 1-con don Parent soular flym (unb's Bethday Basketzali (selected Yr 6)	2-Aug Virtual Assembly Barn St Vinnies Wister Appeal Edis	TAW/LAUS
Week d	5-Aug P&F Meeting Sprii	Si Mary of the Cross Mass Stare	T-hom .	8-Aug	9-Aug Taste of Europe Morning Tea Year 2 Assembly 2pm	10 Aug/11Aug
Week 5 Science Week	32-Aug	13-Aug Assumption of the Biesseld Virgin Mary which school-mass Marn Sacrement of Reconciliation	LA-Nus SAC Meeting IEP Moutings Commercia	15-Aug BET Meetings construe	16-Aug Victual Assembly Sam (IP Meetings continue Multicultural Netball (Selected VI 5/6)	17-Avg/18-Avg
Week 6	IS-Aug ISP Meetings	20-Aug PAE - Choir - Vasto Club 13am	21-Aug	22-hug Book Week Dress (I/p Day	73-Aug Year I Assembly 2pm Book Wash Dress Up Day KW	24-Aug/25-Aug
West 7	26-Aug	27-Aug	28-Aug Y) 4 Lumen Dance Excursion PAS – Dance Troupe rehearsal and performance at PCEC	25-Aug This Holy Communion Retreat Day Year A Attend Mass. Barn Tirst Holy Communion Parent Internation session figm	30 - Aug Father's Day event 7,30 am Nether's Day whole school mass Barn	31-Aug/1-Sep
Week & Carnival Week	2.Sep	3-Step	A-Sen Athletics Field Day Yr 4-si	5-5ep	6-Sieg Athletics: Track events PP to Ye S	7- Sep/8- Sep Kirst Holy Communical Sunday 12 mm
Week 9	II- Sep- P&F Meeting Spin	10-tep (Pad Pacent Meeting for Tr I) pacents (5pm)	11-5vp	12-Sep St Northert's Community Cop (selected Year 4/5) NISOE7 Day	13-5ep Virtual Assembly Sum Year 5 Blue Excursion	(4- Sep/),5 Sep
West 10 National Deaf Week	16-5ep	17-Sep.	18-Sec SAC Meeting Footy Coloury Day KW	19-5ep Last day for students Footy Colours Day	20-Sep Poul Free Day	21- Sep/22- Sen

#### **Term 3 Sacramental Dates**

#### **SACRAMENT OF EUCHARIST**

We look forward to supporting students who will receive their First Communion on **Sunday 8 September** at **12 pm** Sacrament of First Holy Communion.

#### **Sacred Heart Parish News!**

#### ADULT FAITH EDUCATION Understanding the New Testament: Using Greek to Unlock Biblical Terms

Our parish is offering Faith Education for adults who want to know more about God. The faith Education will commence on Tuesdays 27 August, 3 September, 10 September, 17 September FROM: 7:30pm – 8:30pm (4 sessions)

WITH: Dr Peter Christofides AT: Thornlie Parish SUGGESTED DONATION: \$20

This course will help us discover the "real meaning" of the following words: DISCIPLE, EVANGELISM, FELLOWSHIP, CHURCH and see how these words apply to our lives today. When reading the Scriptures, we sometimes find words that are difficult to understand. Most of our English translations of the Bible are great interpretations of the original Hebrew or Greek. However, in any translation, not everything that was communicated in the original language can be precisely conveyed in another language. As a result, a translation rarely is a perfect version of the original. Let us "bridge the gap" together and receive "fuel for the journey". A sign-up sheet is available in the Church foyer.



Congratulations to our Mini Vinnies group who were commissioned at our Father's Day Mass today. May God bless them for the good work they will do for the wider community.

#### Year 3 Parents Please Save the Date! - iPads 2025

#### Year 3 Parents Please Save the Date! - iPads 2025

Parents of Year 3 students please **Save the Date: 10 September 6pm.** There will be a very important information meeting regarding iPads for 2025. All Year 3 parents whose children will be in Year 4 in 2025 are asked to attend.

## The Hearts Dance Troupe

Congratulations to our The Hearts Dance Troupe that performed on Wednesday night at the Perth Convention Centre. They took us back to the roaring 1920's. The troupe looked incredible and performed confidentially and with poise. Well done Dance Troupe we are so proud of you all!



## **Congratulations to our Choir!**

Congratulations to our amazing choir on achieving an **Excellence Award** for Catholic Performing Arts. The choir sang beautifully "One Single Light" and "Four White Horses". Well done to the Choir, Mrs Vinci and Ms Herholdt for all your hard work. The adjudication sheet is attached with feedback from the adjudicator.



RATINGS:	Item/s:	12	1 2	17	
Tone Production		1			
Diction		1			
Accuracy of Entries					
Pitch					
Balance of Part-Singing		1			
Phrasing	1				
Dynamic Control	12.	11			
Interpretation					
Breathing		11			
Posture & Appearance	4				
Rhythm & Tempo		1			
beautifully overall-se phrases-well done! So Typ to stry a little m	ne Single hight: ivg - you maintain ome very good "si ome confident par one legato when our White Horse	nd the haping o d-singing you hav	meladu H"at e g-graa e lots	cline ends of two we! of in a	row.
DATE: 20 A	ne very good par nta Jakovcevic August 2024	t-singin akouce	g. Si	cino-we exceller dese- hose-	ut
THANK YOU FOR I	PARTICIPATING IN THE PERFORI	MING ARTS FES	STIVAL		

## Book Week 2025!



Reading certainly was magic when accompanied by the amazing costumes our students (and parents!) so diligently prepared to celebrate Book Week! Your creations were absolutely amazing with so many different book characters on display. A very big thank you to all parents and carers for their support in making the day truly magical.

Congratulations to all of our winners!

Happy reading,

Mrs Stilwell and Mrs Gerhardy













1 - Mr Birthday aka Mr Gibbs wishing Suri a Happy Birthday on Book Parade Day!

### Cricket Clinic at Sacred Heart next Tuesday 3 September



#### **Finance News**

#### SCHOOL FEES – Reminder to keep payment plans up to date

Thank you to all families who have either paid their school fees in full or are up to date with current payment plans and instalments.

Reminders will be sent home to families next week who have not been in contact or are not up to date with payment plans. Meetings to discuss overdue school fees may need to be scheduled.

Please contact Lindy Munnings on accounts@shthorn.wa.edu.au<sup>1</sup> for a confidential discussion regarding payment plans or if you are experiencing difficulties in meeting your school fee commitments.

#### **HEALTHCARE CARDS**

It is the responsibility of the parents to present their new card at the school office (so a copy can be taken) to ensure that discounts are not cancelled because the card has expired. If you have received an updated Health Care Card recently, please bring it in to complete the forms as soon as possible.

<sup>&</sup>lt;sup>1</sup>mailto:accounts@shthorn.wa.edu.au

# Did you know we have a 3-Year-Old Kindy? Enrolments are now open for 4 Year old Kindergarten for 2025 and 2026



We are now accepting enrolments for kindy for 2025 and 2026. Make sure you get enrolment forms in as soon as possible as positions are limited and interviews for the 2025 intake have commenced.

If your child was born between **1 July 2020 to 30 June 2021** they will start 4 Year Old Kindergarten at the beginning of **2025**. If your child was born between **1 July 2021 to 30 June 2022** they will start 4 Year Old Kindergarten in **2026**.

Enrolment forms can be obtained from the school office or via our website <a href="https://shthorn.wa.edu.au/enrolment-process/">https://shthorn.wa.edu.au/enrolment-process/</a>

Did you know we have a **3 Year Old Kindy** at Sacred Heart? It is run through our Early Learning Centre which means you are able to claim the childcare benefit. It is a great starting point in preparation for your child attending 4 year old kindy at Sacred Heart. Your child can attend once they turn 3 years old. For further information please contact Megan in our ELC on 9251 3014 or refer to our website https://shthorn.wa.edu.au/three-year-old-programme/

## **September/October OSHC Vacation Care Program**

For further information about the OSHC Vacation Care Program for the September/October holidays please contact our OSHC team on 9251 3015 or oshc@shthorn.wa.edu.au<sup>2</sup>

<sup>&</sup>lt;sup>2</sup>mailto:oshc@shthorn.wa.edu.au





COME ALONG AND CELEBRATE THE KING'S BIRTHDAY WITH ALL THINGS BRITISH!

LET'S HAVE A TEA PARTY WITH SANDWICHES, SCONES AND OTHER BRITISH FOODS. WE WILL MAKE OUR OWN CROWNS AND HAVE A PARTY FIT FOR A KING.



#### Sacred Heart OSHC Vacation Care Program





#### Sacred Heart P&F

#### **Sports Carnival**

Just a reminder that the P&F has arranged The Little Bull Espresso Bar to be at the sports carnival to keep all the spectators fuelled for cheering. We will also be running a raffle on the day so please keep your eye out for our lovely members walking around selling tickets, we will be taking cash and card sales.

#### Father's Day

We'd like to say a huge thank you to all the family's and business that donated and supported our raffle. You are truly appreciated. Congratulations to all the winners and Happy Father's Day to all the Dads, Grandads and Father figures, we hope you enjoy your special day and enjoy the gifts the kids have purchased at the Pop Up Stall.

#### 'Sacred Heart Thornlie P&F' Facebook Page

To keep up to date on all the exciting events that are happening at the school, 'Like' our Facebook Page. This is a great way to keep up to date on the latest events, when forms are due back and to ask any questions the P&F may be able to assist you with.

#### Search for Sacred Heart Thornlie P&F

#### **Containers for Change**

The P&F has been running the Containers for Change program for a few years now. This has proven to be a profitable scheme for the school, and we would like to encourage our existing and new families to please donate your eligible containers.

#### **P&F Meeting**

Our next meeting will be held on Monday 9 September at 6:00pm in the staff room. Entry is through the school office. We would love to see some new faces and encourage anyone wanting to know more about the P&F to come along.

## **School Student Broadband Initiative (SSBI)**

The Australian Government has launched the School Student Broadband Initiative to provide free home internet for one year for up to 30,000 unconnected Australian families with school- aged students.

The program is available to all students who lack an active nbn connection at home. Families can register until **Dec 2024**.

To be eligible, families must:

- Have a child living at home that is enrolled in an Australian school.
- Not have an active National Broadband Network (nbn®) Internet service at home. Having a mobile internet service does not affect eligibility.
- Live in a home that can access the National Broadband Network via a standard connection this will be checked for you.

Families can be directed to the following to register:

- Visit www.infrastructure.gov.au/media-communications-arts/internet/national-<sup>3</sup>
   broadband-network/school-student-broadband-initiative-ssbi<sup>4</sup>
- Call 1800 954 610 (10am 6pm AEDT Monday to Friday)

#### **Term 3 Canteen Menu and Volunteer Roster**

M	ENU ITEMS	MONDAY	THURSDAY	
RECESS   Salad sticks   Fruit cup (seasonal fruit   50c   50c	SANDWICHES & WRAPS  White or wholemeal  Vegemite \$2.50 Cheese \$2.51  Tuna \$3.50 Salad \$3.3  Tuna/salad \$4.80 Egg \$3.0  Chicken \$3.50 Curried Egg \$3.50  Chick/salad \$4.80 Fir only) \$3.00  Ham (Thurs & Fri Only) \$4.30  (Salad : carrot, cucumber, lettuce & tomato)  EXTRAS  Beetroot \$00 Onion 300  Cheese \$00 Mustand mild \$00.  Mayo \$00 BBQ Sauce \$00  \$queeze on Tomato Sauce \$00.  Wrap \$00 Toasted \$00  LUNCHBAGS 10 FOR \$00.	(Beef patty, cheese, lettuce & tom sauce) Chicken Burger S5.5C (Crumbed chicken, cheese, lettuce & tom sauce) & tom sauce) add extras options e.g tomato 50c, onion 30c, mayo 50c mustard 50c, pineapple 50c Nugget Box (Hashbrowns, Chicken Nuggets, Salad sticks + juice box) Bento Box \$6.00	Ham/Cheese \$4.50 Add Salsa 50c; Mayo 50c; BBQ sauce 50c Bento Box \$6.00 Mini muffin, fruit, cheese & crackers, chick wing & a cheese or ham or	
DUICE BOMBS \$2.80 Apple Raspberry, Watermelon, Apple Blackcurrant, Apple Cola FLAVOURED MILK \$2.80 Chocolate splash, Strawberry smash, Banana Milk, Spearmint Shake&Shake	PASTA Lasagne \$5.50 Macaroni Cheese (V) \$5.50 Twista Pasta Bolognese \$5.50	FRIDAY Pizza & Juice Box Combo (Margarita or Ham & Cheese) add pineupple 50c Sausage Roll \$4.00 Beef Pie \$4.50 Fish or Chicken Strip Wrap \$5.50 (Fish Goujon or Chicken tender with cheese, lettuce, carrot, cuc & tom)		

<sup>&</sup>lt;sup>3</sup>http://www.infrastructure.gov.au/media-communications-arts/internet/national-broadband-network/school-student-broadband-initiative-ssbi

<sup>&</sup>lt;sup>4</sup>http://www.infrastructure.gov.au/media-communications-arts/internet/national-broadband-network/school-student-broadband-initiative-ssbi

WEEK	MONDAY	THURSDAY	FRIDAY
WEEK 1	July 15th Pupil Free Day	July 18th J. PAYNE	July 19th J. ALBANESE
WEEK 2	July 22nd J. GARVEY	July 25th (Interschool C.C) A. FOSTER R. DEKENS	July 26th (NAIDOC Day) N.ROWE J. FARANDA
WEEK 3	July 29th (Lit Dance P.A) J. ALBANESE J. GARVEY	Aug 1st (Yr 6 Bball) J. PAYNE	Aug 2nd (Luna's Bday) C. ELLIS L. PHILLIPS
WEEK 4	Aug 5th J. GARVEY R. MINJOOT	Aug 8th R. CARROLL R. LAZZARI	Aug 9 <sup>th</sup> (Yr 2 Assembly) T. DICHIERA
WEEK 5	Aug 12th J. GARVEY	Aug 15 <sup>th</sup> A. FOSTER A_PURVIS	Aug 16 <sup>th</sup> (Netball Yr 5/6) M. BENEDICT J. FARANDA
WEEK 6	Aug 19th J. GARVEY	Aug 22nd (Book Week Dress Up) L. BARNES	Aug 23rd (Yr 1 Assembly) D. MYAPE L. PMILLIPS
WEEK 7	Aug 26th J. GARVEY	Aug 29 <sup>th</sup> (1st Comm Retreat) K. COPE A. PURVIS	Aug 30th (Fathers Day Mass C. ELLIS
WEEK 8	Sept 2nd J. GARVEY R. MINJOOT	Sept 5th A. FOSTER R. LAZZARI	Sept 6th (Sports Carnival)
WEEK 9	Sept 9th J. GARVEY	Sept 12th (SNC Com Cup Yr4/5) R. CARROLL R. DEKENS	Sept 13th (Colour Run) C. ELLIS M. BENEDICT
WEEK 10	Sept 16th J. GARVEY	Sept 19th (Footy Colours Day) A. FOSTER J. ALBANESE	Sept 20th Pupil Free Day

Canteen runs Monday, Thursday and Friday. Recess and lunch orders are available online via www.quickcliq.com.au or via the class lunch order box.

## **VacSwim Enrolments Open**

VacSwim provides children aged five to 17 years with the opportunity to develop and progress their swimming and water safety skills during the October and summer school holidays. VacSwim offers programs for beginner, intermediate and advanced swimmers at over 175 locations across Western Australia.

Enrolments are now open, and families can enrol<sup>5</sup> online. For postal enrolments, an enrolment form can be downloaded on our website. We also have translated fact sheets available in multiple languages.

For further information, details of locations and how to enrol, please visit their website<sup>6</sup>.

<sup>5</sup>https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.education.wa.edu.au%2Fenrolling-in-vacswim%3Futm\_source%3Demail%26utm\_campaign%3Dnongov&data=05|02|8740svc\_admin%40cewa.edu.au|064772bd74e443415ccb08dcaacea96a|c5852f2336334f29b38651da53e35e23|0|0|638573051799687539|Unknown|TWFpbGZsb3d8eyJWljoiMC4wLjAwMDAiLCJQljoiV2luMzliLCJBTil6lk1haWwiLCJXVCl6Mn0%3D|0|||&sdata=cZ4ZNMslF0m8X%2BJQ6QpgtvEgjBzksCyQipw6EOlxZs0%3D&reserved=0



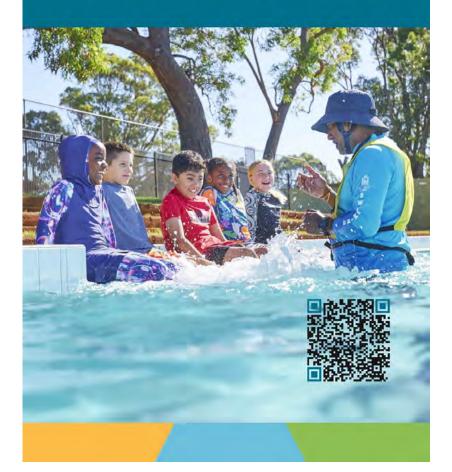


# VacSwim

# Keep your child safe in the water

Enrol them in school holiday swimming lessons.

Spots are limited, enrol now education.wa.edu.au/vacswim







## FAMILY FUN FITNESS

Training at South Thornlie Primary School
Tuesdays (ages U6 - U17)
Thursdays (ages U9 - U17)
5 - 6:30 pm

# TRAINING FOR THE 2024/25 SEASON WILL START THURSDAY 19 SEPTEMBER

## \*\*TWO FREE TRAINING SESSIONS FOR NEW ATHLETES\*\*

## **COME DOWN AND GIVE IT A GO!**

FOR MORE INFORMATION:
Contact Carmen @ 0411 306 795
sththornlielac@gmail.com







### **Useful Links**

Uniform Shop<sup>7</sup> Sacred Heart Thornlie Parish<sup>8</sup>

<sup>&</sup>lt;sup>7</sup>https://www.nellgray.com.au/Uniform-Concepts/Willetton-Super-Store

<sup>8</sup>http://www.thornlie.perthcatholic.org.au/