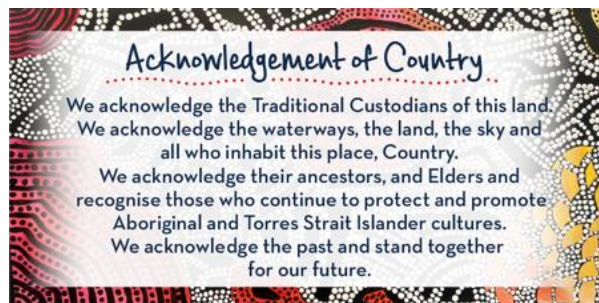


Sacred Heart School Thornlie



From the Heart Newsletter - 2 August 2024



Family Prayer

God, Our Father, loving and merciful, bring together and keep all families in perfect unity of love and mutual support. Instill in each member the spirit of understanding and affection for each other. Keep quarrels and bitterness far from them, and for their occasional failures instill forgiveness and peace.

Principal's Message

Dear Parents

What an amazing couple of weeks we have had with many events taking place. Our Interschool Cross Country team came in second place and our Christian Dance Troupe performed at the Catholic Performing Arts Festival. It is great to see children being involved in so many different activities and getting the opportunity to show their skills and talents. Thank you to the staff of Sacred Heart for providing these opportunities and parents and guardians for supporting your children in their

commitments to practice, rehearse and commit to these pursuits. I have attached the adjudication sheet from the Christian Dance performance as it was a remarkable result.

Please keep our Year Four students and children from the Parish in your prayers as they prepare to receive the Sacrament of First Holy Communion. We look forward to celebrating with them later this term as they undertake this milestone in their spiritual journey.

Today, Friday 2 August, we celebrate Luna's fourth birthday. She is such a special part of our school, and we look forward to celebrating her special day. Children will also receive an icy pole from the P&F to help celebrate on the day.

Our newly formed Mini Vinnies team have been busy supporting, promoting and collecting for the Winter Appeal. We have received an amazing number of supplies to help the needy people in our local community. Thank you for supporting this initiative and our Mini Vinnies team.

Next Friday we have our 'Taste of Europe' morning tea. Our cultural morning teas are designed to encourage families to share their heritage and get together to learn more about the members of our community. Feel free to come along with a plate of traditional food celebrating the continent of Europe. We look forward to seeing you there.

Our Happy Families article is about how to really listen purposefully in our family relationships. I hope you find it helpful.

This term we are focusing closely on our core school value of Responsibility. Please discuss this with your children at home when opportunities arise.

God Bless

Steve Gibbs

Principal



1 - The Hearts Liturgical Troupe - Year 5 and 6

Item: Jesus, Healer of the Broken Hearted

Christian Dance Primary - 29 July 2024



PERFORMING ARTS FESTIVAL

2024 Adjudication Sheet Christian Dance Primary

Name: **The Hearts Liturgical Troupe** Section: C1
 School: Sacred Heart Primary School, Thornlie Year: 5-6
 Item/s: **Jesus, Healer Of The Broken Hearted**

Music Accompaniment:

	EXCELLENT	VERY GOOD	GOOD	FAIR
Item/s:	1	1	1	1
RATINGS:				
Suitability for age level & maturity of performers	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Suitability for didactic/liturgical use	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interpretation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall Impact	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Variety and clarity of presentation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appropriate movement to music	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

GENERAL COMMENTS:

*Lovely to see some young men dancing with strength.
 I love the passion and heart you put into your dance.
 Lovely costumes.
 I could see your theme very ~~clear~~ clearly.
 A joyful and meaningful presentation.
 Congratulations on a beautiful dance*

ADJUDICATOR: Julie Doyle

J. E. Doyle

Responsibility

The price of greatness is responsibility ~ Winston Churchill

Rank does not confer privilege or give power. It imposes responsibility ~ Peter Drucker

Happy Families

Stop, Look and Listen to Your Kids by Dr Justin Coulsoun

Some years ago I came across a parenting questionnaire developed by thoughtful, careful researchers. One of the questionnaire items asked, "Do you stop and pay attention to your child when your child

wants/needs you?” As a parenting expert I knew there could only be one answer. “Yes, of course I do,” I told myself.

The question got under my skin a little bit though, for two reasons. First, I knew deep down that my answer wasn’t entirely honest. But second, am I supposed to stop what I’m doing every time my child needs me and pay attention? I’ll never get anything done! And won’t that spoil my child, creating an entitled little empress who thinks I’m only there to do her bidding?

I spoke to my wife, Kylie, and asked her what she thought. “I know I’m supposed to always be there, and I’d like to say I am... but I’m probably not” was her reply. She added, “Is it even realistic?”

That night, Kylie sat with our children and asked them if they believed that we were always there for them, ready to listen and pay attention when they wanted us. The answers surprised us, none more so than this from our (then) 7-year-old daughter:

“When you are busy you don’t listen to me properly. Like when Dad’s on the computer or you (mum) are doing craft you’re not available to me. It feels like those things are more important than me.” She added, “Even when you say you’re listening to me, you’re not, because you’re not focused on me. You keep doing what you were doing.”

Ouch!

Stop, Look, and Listen

When we cross the road, we stop, look, and listen. It helps us navigate a physically hazardous or challenging situation. Relationships with our children can be like crossing the road. If we aren’t willing to stop, look, and listen, we may miss something important heading our way, and we, or our child, or even our whole family, could get hit by it. Perhaps it is a friendship challenge, an issue at school, or a toddler feeling like she needs to be comforted. Maybe it’s a teen who is thinking about doing something unsafe with drugs or sex. Or it could be as simple as a child who wants—needs—to be seen but doesn’t know how to communicate that need.

Play the Long Game

So will stopping and paying attention to our children make life easier? Or will it just lead to more interruptions and selfish children?

Researchers have uncovered a surprising finding. Children whose parents are willing to stop, look, and listen tend to become less needy. These children learn over time that when they need their parents, they’ll be there. They feel secure in that relationship. Conversely, children who have parents who push them away, say, “not now”, or tell them to “hurry up” all the time worry about whether their parents will be available and they become more needy.

When our child wants us, it can be easy to pretend to be listening while we continue scrolling on Instagram. We might even turn our body and shoulders towards our child and mumble “uh-huh” as they tell us about their day or whine about their sibling. But, as my daughter so poignantly pointed out in her interview with her mum, we’re not really listening. And that leads them to act in ways that demand our attention... but it’s not really the kind they want.

By giving your full focus to your child, you are also teaching them how to have present and meaningful conversations with friends and other family members!

How does it feel for you?

Perhaps you have talked with a spouse or partner, or a friend, and they've been distracted while you poured out your heart. Chances are you felt frustrated. Perhaps you even felt that you could not trust that person with your challenges and vulnerabilities? Our children feel the same way.

To build strong, trusting relationships with our children the simplest things we can do is this:

STOP. Stop what you are doing. Completely. Put down the phone. Turn away from the screen. Turn down the stove. (But keep your eyes on the road if you're driving!)

LOOK. Look at your child – in the eyes. You might crouch down so you can hold hands. Make that visual connection.

LISTEN. Keep that mouth zipped. Just listen. Keep looking at your child and really pay attention.

(This works for spouses and partners too.)

Just as dollars are the currency of our economy, attention is the currency of our relationships. Too often our relationships are in the red. We are not giving them enough attention – or the right attention, and it dilutes our ability to help our children.

Really stop, sincerely look, actively listen, and observe how much better family life feels.

Term Three Key Dates for your diary

The link to the Term 3 calendar is attached and is posted on the school website. A hard copy of the Term 3 planner can also be obtained from the school office.

Link to website to view Term Dates for the year - <https://shthorn.wa.edu.au/calendar/>

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week 1	15-Jul Pupil Free day – Parent Teacher Meetings	16-Jul St Vinnies Winter Appeal Begins	17-Jul	18-Jul	19-Jul	20-Jul/21-Jul
Week 2 NAIDOC Week	22-Jul Smoking Ceremony (8:45am)	23-Jul Year 3 Reconciliation Retreat	24-Jul NAIDOC Rotations (9:30am – 12:20pm)	25-Jul Interschool Cross Country Yr 4-6	26-Jul NAIDOC Liturgy 8:45am NAIDOC Assembly 2pm	27-Jul/28-Jul First Holy Communion Commitment Mass 6pm Saturday
Week 3	29-Jul PAF - Liturgical Dance Troupe at Mercy College Chapel 10.30-11.30am	30-Jul	31-Jul	1-Aug Reconciliation Parent session 6pm Lina's Birthday Basketball (selected Yr 6)	2-Aug Virtual Assembly 9am St Vinnies Winter Appeal Ends	3 Aug/4-Aug
Week 4	5-Aug P&F Meeting 6pm	6-Aug St Mary of the Cross Mass 9am	7-Aug	8-Aug	9-Aug Taste of Europe Morning Tea Year 2 Assembly 2pm	10-Aug/11-Aug
Week 5 Science Week	12-Aug	13-Aug Assumption of the Blessed Virgin Mary whole school mass 9am Sacrament of Reconciliation 6pm	14-Aug SAC Meeting IEP Meetings Commence	15-Aug IEP Meetings continue	16-Aug Virtual Assembly 9am IEP Meetings continue Multicultural Netball (Selected Yr 5/6)	17-Aug/18-Aug
Week 6	19-Aug IEP Meetings	20-Aug PAF - Chor - Vasto Club 11am	21-Aug	22-Aug Book Week Dress Up Day	23-Aug Year 1 Assembly 2pm Book Week Dress Up Day KW	24-Aug/25-Aug
Week 7	26-Aug	27-Aug	28-Aug Yr 4 Lumen Dance Excursion PAF – Dance Troupe rehearsal and performance at PCEC	29-Aug First Holy Communion Retreat Day Year 4 Attend Mass 9am First Holy Communion Parent Information session 6pm	30-Aug Father's Day event 7.30 am Father's Day whole school mass 9am	31-Aug/1-Sep
Week 8 Carnival Week	2-Sep	3-Sep	4-Sep Athletics Field Day Yr 4-6	5-Sep	6-Sep Athletics: Track events PP to Yr 6	7-Sep/8-Sep First Holy Communion Sunday 12pm
Week 9	9-Sep P&F Meeting 6pm	10-Sep iPad Parent Meeting for Yr 3 parents (6pm)	11-Sep	12-Sep St Norbert's Community Cup (selected Year 4/5) RUDOK? Day	13-Sep Virtual Assembly 9am Year 5 Bike Excursion	14-Sep/15-Sep
Week 10 National Deaf Week	16-Sep	17-Sep	18-Sep SAC Meeting Footy Colours Day KW	19-Sep Last day for students Footy Colours Day	20-Sep Pupil Free Day	21-Sep/22-Sep

Term 3 Sacramental Dates

SACRAMENT OF PENANCE

- Thursday 1 August 6pm in Brennan Hall Sacrament of Penance Parent/Candidate Meeting
- Thursday 8 August Sacrament Retreat Day for Year 3 Students
- Thursday 13 August 6pm Sacrament of Penance

** Please note, there has been a change of date for the Sacrament of Penance Retreat Day for Year 3 Students. Students will now participate in a retreat day at school. Details will be sent to Year 3 parents soon.

SACRAMENT OF EUCHARIST

- Saturday 27 July 6pm First Holy Communion Commitment Mass
- Thursday 29 August 6pm First Holy Communion Candidate/Parent Meeting
- Thursday 29 August First Holy Communion Retreat Day for all Year 4 Students
- Sunday 8 September 12 pm Sacrament of First Holy Communion

We look forward to supporting students who will receive their First Communion this year. Thank you to all families who attended the **Commitment Mass last Saturday 27 July**.



The flyer features a green border with a scalloped edge and a red bar at the top and bottom. In the top right corner is the Sacred Heart School logo, a purple triangle containing three white icons of a heart, a cross, and a chalice, with the text 'PRINCIPAL SACRED HEART SCHOOL' below it. The main title 'TASTE OF EUROPE' is in large, bold, green capital letters, with 'Parent Morning Tea' in a smaller, red, cursive font below it. A central photograph shows a white coffee cup on a saucer, surrounded by various pastries, breads, and coffee beans on a dark wooden surface. Below the photo, the date and time 'Friday 9th August 8.45 am' and the location 'In the School Hall' are written in bold black text. At the bottom left, there is a QR code with the text 'Taste of Europe Parent Morning Tea' above it. To the right of the QR code, the text 'Scan the QR code to RSVP' is written in bold black font.

Taste of Europe Parent Morning Tea

All Sacred Heart Parents and Grandparents are warmly invited to join in our “Taste of Europe Morning Tea”. Please click on the QR code on the flyer and RSVP to this event.



Mini Vinnies Winter Appeal

Thank you to all our Sacred Heart Community members who generously donated to the St Vincent de Paul Mini Vinnies Winter appeal. We were able to collect **27** Blankets and many wonderful supplies of food and toiletries for people in need. Thank you for your generosity.

This term, the Year 5 Mini Vinnies group have been advertising this year's Winter Appeal. But before we focus on the Winter Appeal, we answer a big question. What is the Mini Vinnies group? The Mini Vinnies is a group of school students who would like to help the St Vincent de Paul Society by helping those who may be having trouble financially or are new to Australia. What we do to help is advertise events Vinnies may be holding, so people will remember what is currently happening. Students advertise by making posters on apps like PicCollage then placing them around the school. This current event is the Vinnies Winter Appeal. This runs from the 16th of July to the 13th of August. During this time, students, parents, and staff are asked to bring in items such as blankets, hygiene products and feminine products for the chilly winter ahead. When we ask for blankets, we do not want throw blankets that you might use to keep warm while watching TV but want something that is comfortable to cover yourself while sleeping. We asked for a blanket big enough to cover either a single, double, or queen bed. So far, we have collected 27 blankets. It isn't too late to donate something for charity. We would like to thank everyone that has donated or is interested in lending a hand to the less fortunate.



2 - Food and toiletries donated by Sacred Heart staff



3 - Zac, Emily and Matilda from the Mini Vinnies team with some of the blankets donated by families.

Cybersafety tips for Parents – Learn how to use parental controls



Learn how to use parental controls and other tools to maximise online safety in your home.

Devices that connect to the internet in your home offer benefits. But you also need to understand the risks associated with these devices and how to protect yourself and your family.

Visit the safety website for tips:

<https://www.esafety.gov.au/parents/issues-and-advice/parental-controls>

Year 3 Parents Please Save the Date! - iPads 2025

Year 3 Parents Please Save the Date! - iPads 2025

Parents of Year 3 students please **Save the Date: 10 September 6pm**. There will be a very important information meeting regarding iPads for 2025. All Year 3 parents whose children will be in Year 4 in 2025 are asked to attend.

First Aid Incursion

This week all students attended a St John's First Aid incursion. Please find attached a discount code for family First Aid training.

First Aid Focus

Our students recently participated in the free St John WA First Aid Focus incursion. The First Aid Focus program aims to train and equip students with the skills to assess and respond to first aid situations, while developing strategies to seek help for themselves or others.

St John can teach you the vital skills to keep your family safe and well.
Get 10% off your next first aid training by using the discount **PARENTS10** when booking your course.

For bookings call 9334 1233 or
visit our website stjohnwa.com.au



Finance News

SCHOOL FEES – Reminder to keep payment plans up to date

Thank you to all families who have either paid their school fees in full or are up to date with current payment plans and instalments.

Reminders will be sent home to families next week who have not been in contact or are not up to date with payment plans. Meetings to discuss overdue school fees may need to be scheduled.

Please contact Lindy Munnings on accounts@shthorn.wa.edu.au¹ for a confidential discussion regarding payment plans or if you are experiencing difficulties in meeting your school fee commitments.

HEALTHCARE CARDS

It is the responsibility of the parents to present their new card at the school office (so a copy can be taken) to ensure that discounts are not cancelled because the card has expired. If you have received an updated Health Care Card recently, please bring it in to complete the forms as soon as possible.

Lindy Munnings

Finance Officer

¹<mailto:accounts@shthorn.wa.edu.au>

Performing Arts Festival - Piano students

Congratulations to the following students that performed as a duet or solo in the Catholic Performing Arts Festival for piano. What an amazing talent to you all have. A lot of hard work and practice goes into these performances and we are very proud of your achievements.

A very special Congratulations goes to **Christian** who achieved a **MERIT** for the H6-Piano Solo- Primary Yr 6 section. Well done Christian on this amazing achievement!

Duet

- Jason & Luis - played 'Imperial March' by John Williams arranged by Carol Matz

Solo

- Hayley - played 'Shave and a Haircut' by Nancy and Randall Faber
- Faith - played 'Prelude' by Giuseppe Concone
- Christian - played 'Nearer, My God To Thee' by Lowell Mason.
- India - played 'Dance of the Gnomes' by C. Almonte



4 - Hayley performing 'Shave and a Haircut' by Nancy and Randall Faber



5 - Well done Hayley!



6 - Congratulations to Christian on performing 'Nearer, My God To Thee' by Lowell Mason



7 - India performing 'Dance of the Gnomes' by C. Almonte



8 - Faith playing 'Prelude'



9 - India and Faith



NAIDOC Week in Pre-Primary

During NAIDOC week the Pre-Primary students worked on a collaborative Acknowledgement of Country banner to display in our classrooms. We discussed different symbols and pictures that represent NAIDOC week and drew them on the canvas. We refer to this daily and say this as part of our morning routine.



10 - Shivay, Taliyah, Mayor, Romelio and Maisie proudly displaying the canvas created by the PP students.

100 Days of school in Pre-Primary

Our Pre-primary classes celebrated 100 days of school this week. Can you believe we have already had 100 days of learning? It was a neon bright day of fun, 100 day activities for the students. Thank you to our Pre-primary staff for organising a fantastic program for the day. We hope you had an amazing 100th day!







Small steps lead to big changes!

The challenge is now open to students and staff.

Being active is critical for both short and long-term health and wellbeing and has a direct impact on a student's performance at school.

The mission is for primary school students to run, walk or wheel for 20 minutes per week.

Students are encouraged to sign up to the challenge!

Mr B

PE Teacher

Did you know we have a 3-Year-Old Kindy? Enrolments are now open for 4 Year old Kindergarten for 2025 and 2026



We are now accepting enrolments for kindy for 2025 and 2026. Make sure you get enrolment forms in as soon as possible as positions are limited and interviews for the 2025 intake have commenced.

If your child was born between **1 July 2020 to 30 June 2021** they will start 4 Year Old Kindergarten at the beginning of **2025**. If your child was born between **1 July 2021 to 30 June 2022** they will start 4 Year Old Kindergarten in **2026**.

Enrolment forms can be obtained from the school office or via our website <https://shthorn.wa.edu.au/enrolment-process/>

Did you know we have a **3 Year Old Kindy** at Sacred Heart? It is run through our Early Learning Centre which means you are able to claim the childcare benefit. It is a great starting point in preparation for your child attending 4 year old kindy at Sacred Heart. Your child can attend once they turn 3 years old. For further information please contact Megan in our ELC on 9251 3014 or refer to our website <https://shthorn.wa.edu.au/three-year-old-programme/>

Sacred Heart P&F

Sports Carnival VIP tent

Congratulations to **Paula Elder #498** who won the Sports Carnival VIP tent.

We had **60** families purchase **871** tickets in our online raffle.

Thank you to everyone who purchase tickets and congratulations to our winner Paula!

Father's Day

We are seeking donations for the annual Father's Day Raffle. All donations can be handed into the office, we are grateful for all large and small donations. The raffle link will go live on Friday 23 August and will be drawn at the Father's Day Breakfast on Friday 30th August. Our Father's Day Pop Up Shop will be run on Tuesday 27 August. We are asking families if they have any paper shopping bags they no longer require, to donate them for student use at the Father's day Pop Up Shop. This allows safe keeping of the goodies the students purchase. Bags can be dropped off at the office.

Luna's Birthday Friday 2nd August

The P&F will be handing out Zooper Doopers to all students this Friday afternoon to celebrate Luna's 4th Birthday.

'Sacred Heart Thornlie P&F' Facebook Page

To keep up to date on all the exciting events that are happening at the school, 'Like' our Facebook Page. This is a great way to keep up to date on the latest events, when forms are due back and to ask any questions the P&F may be able to assist you with.

Search for **Sacred Heart Thornlie P&F**

Containers for Change

The P&F has been running the Containers for Change program for a few years now. This has proven to be a profitable scheme for the school, and we would like to encourage our existing and new families to please donate your eligible containers.

P&F Meeting

Our next meeting will be held on **Monday 5 August at 6:00pm** in the staff room. Entry is through the school office. We would love to see some new faces and encourage anyone wanting to know more about the P&F to come along.

School Student Broadband Initiative (SSBI)

The Australian Government has launched the School Student Broadband Initiative to provide free home internet for one year for up to 30,000 unconnected Australian families with school- aged students.

The program is available to all students who lack an active nbn connection at home. Families can register until **Dec 2024**.

To be eligible, families must:

- Have a child living at home that is enrolled in an Australian school.
- Not have an active National Broadband Network (nbn[®]) Internet service at home. Having a mobile internet service does not affect eligibility.
- Live in a home that can access the National Broadband Network via a standard connection – this will be checked for you.

Families can be directed to the following to register:

- Visit www.infrastructure.gov.au/media-communications-arts/internet/national-broadband-network/school-student-broadband-initiative-ssbi²

²<http://www.infrastructure.gov.au/media-communications-arts/internet/national-broadband-network/school-student-broadband-initiative-ssbi>

- Call 1800 954 610 (10am – 6pm AEDT Monday to Friday)

Term 3 Canteen Menu and Volunteer Roster

MENU ITEMS		MONDAY	THURSDAY
RECESS		Beef Burger \$5.50 (Beef patty, cheese, lettuce & tom sauce)	Hot dog & tomato sauce \$4.50 add extras options mustard 50c, cheese 50c
Crunch & Sip (Salad sticks)		Chicken Burger \$5.50 (Crumbed chicken, cheese, lettuce & tom sauce) add extras options e.g tomato 50c, onion 30c, mayo 50c mustard 50c, pineapple 50c	Noodle Cup & Juice Box \$5.50 Beef or Chicken Noodle Cup with vegetables + juice box
Fruit cup (seasonal fruit) 50c		Nugget Box \$6.50 (Hashbrowns, Chicken Nuggets, Salad sticks + juice box)	Toasted Pocket Tuna/Cheese \$5.00 Chicken/Cheese \$5.00 Ham/Cheese \$4.50 Add Salsa 50c, Mayo 50c, BBQ sauce 50c
Custard Crowns \$1.50	SANDWICHES & WRAPS	Bento Box \$6.00 Mini muffin, fruit, cheese & crackers, chick wing & a cheese or vegemite s/w	Bento Box \$6.00 Mini muffin, fruit, cheese & crackers, chick wing & a cheese or ham or vegemite s/w
Dinobite 50c	White or wholemeal	Salad Box \$5.50 Cheese, cucumber, carrot, lettuce, tomato & egg ADD chicken or tuna \$1.50	Salad Box \$5.50 Cheese, cucumber, carrot, lettuce, tomato & egg ADD ham \$1, chicken or tuna \$1.50
Party Pie 60c	Vegemite \$2.50 Cheese \$2.50		
Hash brown \$1.30	Tuna \$3.50 Salad \$3.30		
Cheezie \$1.00	Tuna/salad \$4.80 Egg \$3.00		
Vegemite cheezie \$1.00	Chicken \$3.50 Curried Egg \$3.50		
Cheezie sub \$1.20	Chick/salad \$4.80		
Pizza cheezie sub \$1.50	Ham (Thurs & Fri Only) \$3.00		
(Thurs & Fri Only) \$2.00	Ham/salad (Thurs & Fri only) \$4.30		
Warm Milo & Mini Muffin \$2.00	(Salad : carrot, cucumber, lettuce & tomato)		
	EXTRAS		
	Beetroot 50c Onion 30c		
	Cheese 50c Mustard mild 50c		
	Mayo 50c BBQ Sauce 50c		
	Squeeze on Tomato Sauce 50c		
	Wrap 50c Toasted 50c		
	LUNCHBAGS 10 FOR 50c		
	PASTA		
	Lasagne \$5.50		
	Macaroni Cheese (V) \$5.50		
	Twista Pasta Bolognese \$5.50		
DRINKS		FRIDAY	
WATER \$1.60		Pizza & Juice Box Combo \$5.00 (Margarita or Ham & Cheese) add pineapple 50c	
99% JUICE BOX \$2.00		Roll \$4.00	
Apple or Tropical		Beef Pie \$4.50	
JUICE BOMBS \$2.80		Fish or Chicken Strip Wrap \$5.50 (Fish Goujon or Chicken tender with cheese, lettuce, carrot, cuc & tom)	
Apple Raspberry, Watermelon,			
Apple Blackcurrant, Apple Cola			
FLAVOURED MILK \$2.80			
Chocolate splash, Strawberry			
smash, Banana Milk, Spearmint			
Shake&Shake			

WEEK	MONDAY	THURSDAY	FRIDAY
WEEK 1	July 15th Pupil Free Day	July 18th J. PAYNE	July 19th J. ALBANESE
WEEK 2	July 22nd J. GARVEY	July 25th (Interschool C.C) A. FOSTER R. DEKENS	July 26th (NAIDOC Day) N. ROWE J. FARANDA
WEEK 3	July 29th (Lit Dance P.A) J. ALBANESE J. GARVEY	Aug 1st (Yr 6 Bball) J. PAYNE	Aug 2nd (Luna's Bday) C. ELLIS L. PHILLIPS
WEEK 4	Aug 5th J. GARVEY R. MINJOOT	Aug 8th R. CARROLL R. LAZZARI	Aug 9th (Yr 2 Assembly) T. DICHIERA
WEEK 5	Aug 12th J. GARVEY	Aug 15th A. FOSTER A. PURVIS	Aug 16th (Netball Yr 5/6) M. BENEDICT J. FARANDA
WEEK 6	Aug 19th J. GARVEY	Aug 22nd (Book Week Dress Up) L. BARNES	Aug 23rd (Yr 1 Assembly) D. MYAPE L. PHILLIPS
WEEK 7	Aug 26th J. GARVEY	Aug 29th (1st Comm Retreat) K. COPE A. PURVIS	Aug 30th (Fathers Day Mass) C. ELLIS
WEEK 8	Sept 2nd J. GARVEY R. MINJOOT	Sept 5th A. FOSTER R. LAZZARI	Sept 6th (Sports Carnival)
WEEK 9	Sept 9th J. GARVEY	Sept 12th (SNC Com Cup Yr4/5) R. CARROLL R. DEKENS	Sept 13th (Colour Run) C. ELLIS M. BENEDICT
WEEK 10	Sept 16th J. GARVEY	Sept 19th (Footy Colours Day) A. FOSTER J. ALBANESE	Sept 20th Pupil Free Day

Canteen runs Monday, Thursday and Friday. Recess and lunch orders are available online via www.quickcliq.com.au or via the class lunch order box.

VacSwim Enrolments Open

VacSwim provides children aged five to 17 years with the opportunity to develop and progress their swimming and water safety skills during the October and summer school holidays. VacSwim offers programs for beginner, intermediate and advanced swimmers at over 175 locations across Western Australia.

Enrolments are now open, and families can enrol⁴ online. For postal enrolments, an enrolment form can be downloaded on our website. We also have translated fact sheets available in multiple languages.

For further information, details of locations and how to enrol, please visit their website⁵.

⁴https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.education.wa.edu.au%2Fenrolling-in-vacswim%3Futm_source%3Demail%26utm_campaign%3Dnongov&data=05|02|8740svc_admin%40cewa.edu.au|064772bd74e443415ccb08dcaacea96a|c5852f2336334f29b38651da53e35e23|0|0|638573051799687539|Unknwn|TWfPbGZsb3d8eyJWljoimc4wLjAwMDAiLCJQljoiv2luMzliLCJBTiI6lk1haWwiLCJXVCI6Mn0%3D|0||&sdata=cZ4ZNMslF0m8X%2BJQ6QpgtvEgjBzksCyQipw6EOlxZs0%3D&reserved=0

⁵https://aus01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.education.wa.edu.au%2Fvacswim%3Futm_source%3Demail%26utm_campaign%3Dnongov&data=05|02|8740svc_admin%40cewa.edu.au|064772bd74e443415ccb08dcaacea96a|c5852f2336334f29b38651da53e35e23|0|0|638573051799696407|Unknown|TWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IjEhaWwiLCJXVCi6Mn0%3D|0||&sdata=7SyoTPk2LYcM85bUWCUI1INzrWiGLSwo76FQvj%2FFNTg%3D&reserved=0



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Useful Links

Uniform Shop⁶ Sacred Heart Thornlie Parish⁷

⁶<https://www.nellgray.com.au/Uniform-Concepts/Willetton-Super-Store>

⁷<http://www.thornlie.perthcatholic.org.au/>