Sacred Heart School
40 Ovens Rd, THORNLIE  6108
Phone:    9251 3000
Fax:        9251 3090
Email:     admin@shthorn.wa.edu.au
Website:  www.shthorn.wa.edu.au

FROM ‘THE HEART’

Through Christ centred experiences and mutual **respect** we guide children to develop **reverence, responsibility and resilience** in a loving Catholic community."

**Bringing Sacred Heart School’s vision to life within our community**……..

Have you noticed the school’s vision statement proudly displayed on the school sign outside the Early Childhood Block of the school? In all classes staff are deepening your children’s awareness of what this means in our daily interactions with others and of how we contribute and make a difference. This term our focus is on **RESPECT - Demonstrating regard for the feelings, wishes and rights of others** and how our community lives this through:

- Displaying self-respect – believing that each individual matter and is important and expecting others to treat them respectfully
- Showing care and concern for others especially those who need support
- Respecting diversity
- Using good manners – please, thank you, excuse me, sorry
- Being honest and trustworthy
- Looking after property by cleaning up after themselves and not damaging property – their own, other people’s or the school’s
- Actively listening without answering back or arguing
- Following rules to keep themselves and others safe and happy

I encourage you, through discussions, to assist your children’s understanding that family, friendship groups, sporting teams and our church are also communities where respect is integral and valued!

**Do you know what is happening?**

Classroom teachers are keeping you informed of special events, learning and exciting news that is happening in your child’s class through their weekly year level blog. All you need to do is subscribe and the message will appear on your smart phone, electronic device or computer!

The steps are easy:
Log on to:    [www.shthorn.wa.edu.au](http://www.shthorn.wa.edu.au)
Click on:    Sacred Heart Blog link at the bottom of the page
Select:      Your required Year Level
Complete:    Blog subscription by providing your email address
**P&F Vacancy**
Thank you and congratulations to Janine Creighton who has volunteered to fill the role of P&F Secretary for 2016. The position of P&F Treasurer has become available – if you have the energy, expertise and willingness to fill this important role please contact the school office!

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**Public Holiday**
Both the School and Child Care Centres will be closed for the Labour Day Public Holiday next Monday 7 March.

**Labour Day** is an Australian public holiday originally called Eight Hours Day. It celebrates the achievements of organised labour on behalf of the worker to bring about the 8-hour day in the late 1850s. Previously workers were required to work long hours each week . . . 10 to 12 hours a day six days a week. While a change was made to the hours worked each day, the five day work week we enjoy today took almost a century longer to be adopted finally in 1948. Australians now enjoy better working conditions than any time in our history. Labour Day is celebrated at different times across Australia because each state achieved the 8-hour day on different dates.

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Suzanne Fox  
Principal

This week some parents were stunned by their kids coming home and asking for extra fruit or veggies in their lunch boxes. Some parents have even noticed their kids taking an interest in the different fruits and vegetables on offer at local stores. No, we haven’t brainwashed our students, Sacred Heart have just started our Crunch & Sip program. The program runs with students and teachers, yes teachers, from Pre-Primary to Year Six taking time out of lessons to break for a fruit or vegetable snack followed by a sip of some fresh water. We believe good eating habits formed during childhood help children grow well and protect them against disease in later life. Furthermore, students who re-fuel with fruit or vegetables during the morning or afternoon display better physical and mental performance and concentration during lessons. 

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Mr Landers - Wellness Co-Ordinator

**Sustainability News...Looking at Our Waste**

On Monday afternoon, representatives from Year Three, Four, Five and Six helped Mrs Bathols with a “Waste Audit”. This involved emptying a percentage of our bins, sorting the rubbish, then counting and weighing the different types of rubbish.

It was good to see that the amount of fruit and vegetable scraps found in our bins has reduced – this means we are composting those scraps instead – however, it was still sad to see the amount of other food scraps that are thrown away. We found four whole pieces of fruit, as well as a couple of unopened snack bars, two full containers of yoghurt, about four full, untouched pizzas and plenty of half-full cartons of milk and juice boxes.

Here are some tips for reducing the food waste from school lunches:

- Pack a waste-free lunch with re-usable containers, re-fillable drink bottles and healthy snacks
- Discuss with your child what they like to eat for lunch and how much. It’s not uncommon for lunch boxes to be packed with too much food which ultimately ends up in the bin. Involving children in making their lunch can result in food choices that are more likely to get eaten.
- Encourage children to bring home uneaten food rather than disposing of it at school. Parents can then get a better idea of what is getting eaten and the appropriate quantity of food their child needs. An added benefit is that children may eat leftovers after school for afternoon tea!

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Mrs Bathols - Sustainability Co-Ordinator

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**ALL SIP n CRUNCH cups need to be ordered by 9.00am each day. Thank you. **Canteen staff
Breaking Open the Word ‘The Parable of the Fig Tree’

So, what have we heard so far over the last few weeks in Lent?

- **Week One:** ‘The Temptation in the Desert’ – Message: Temptation is all around us. Lent is a time to reflect on who we are and **CHANGE** ourselves for the better. Lent is a time to strengthen our faith so that when faced with temptations, we have the strength to make good choices.

- **Week Two:** ‘The Transfiguration’ – Message: Mountains were often seen as places of prayer in the olden days. Jesus went on top of a mountain to pray and while there, he was **CHANGED/transfigured**. During Lent, we need to find time to pray so that God can help us **CHANGE** ourselves for the better and make good choices in our lives.

This week, we listen to the parable of the fig tree. So then, how is the theme of change brought about into this week’s Gospel? Well, this week takes on a slightly different message.

In this Gospel, the owner of an orchard was upset because a fig tree that was planted almost three years ago was yet to bear fruit. The gardener in the story pleaded with the owner and asked for one more year so that he could cultivate the soil and fertilise it so that it may bear fruit in the future.

We are very much like the fig tree, especially our children. It is all well and good to tell our children to be good but if they have not been provided with a strong foundation, it can be a difficult task.

Like the fig tree, living our faith can take a bit of work. We need to build strong foundations. We need to teach our children about God and how to pray. We need to show our children love. We need to provide a solid future for our children where they feel safe and secure and most importantly, we need to teach our children that God is in the centre of our lives and will always be there to watch over us and look after us when things are difficult. It can sometimes be hard to **CHANGE** our habits but with a bit of work and guidance, we can help our children be the best they can be.

**Things to do with your Child during Lent**

- Encourage your child to think about consequences of their choices
- During Lent, help your child in their efforts to pray, help others and carry out actions of self-denial (reducing television viewing to spend more time with family members)
- Visit your parish Church and view the Stations of the Cross

Did you know that each Friday during Lent from 7:00 – 7:30 pm there is a children’s **Stations of the Cross** here at Sacred Heart Church? **Graham Maher**—Faith Co-ordinator

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**CORPUS CHRISTI OPEN DAY**

If you would like an information brochure about the Open Days to be held at Corpus Christi College in March 2016 then please enquire in Sacred Heart School Office. The Tour Days are 10 March and 15 March.

We invite prospective families and students to join us for a tour by registering attendance at [www.corpus.wa.edu.au/tour-2016](http://www.corpus.wa.edu.au/tour-2016).

**ST NORBERT COLLEGE OPEN DAY**

**Friday 4 March 2016.** St Norbert College warmly invites prospective students and their parents to tour our excellent College, its contemporary facilities and extensive grounds. Tours will be conducted at 9.00am and 1.30pm. Enrolments have also commenced for Year 7 in 2018. Application forms may be obtained by phoning Mrs Hughes on 9350 5433.
THE CURRICULUM CORNER

Letters and Sounds

The Letters and Sounds Programme is best described as a systematic programme for teaching phonic knowledge to children. Here at Sacred Heart the programme begins at Pre Primary level and goes through to about Year 3. From Year 3, students use the Sound Waves Programme which is also a phonic based approach to spelling.

There are 6 phases to the Letter and Sounds programme. By clicking onto the link below you will be able to visit each phase, view an introduction, look at resources and play some of the games associated with each phase. Before beginning ensure you check with your child’s teacher and know which phase your child is currently working at.

http://www.letters-and-sounds.com/

Mrs Fragapane—Curriculum Co-Ordinator

EAGLES CUP

We are in DESPERATE NEED of umpires, coaches and volunteers to help train Netball, Soccer and Football Eagles Cup teams. Must be available Fridays 1.00—2.45pm for Term 1 & 2. See Mrs Bathols or Mr Landers.

SCHOOL FEES

This is a reminder that school fees are due by this Friday 4 March. If you are unable to make payment by this date please see Geraldine in the school office so that a payment plan can be organised if necessary.

ST BRIDGID’S COLLEGE

St Brigid’s College is a school for girls in Lesmurdie and they issue a special invitation to their OPEN DAY which is to be held on Friday 18 March 2016. Special OPEN DAY packs are available from the office for anyone who is interested.

BEAUTIFUL HAND CRAFTED CARDS ARE AVAILABLE FROM THE FRONT OFFICE AT VARYING PRICES. SUITABLE FOR ALL OCCASIONS SUCH AS BIRTHDAY, SPECIAL OCCASION ETC. Ranging from $4.00 onwards. $1.00 FROM EACH CARD GOES TO THE P & F.
Your P&F Team met on Monday 29 February and there was plenty of robust discussion about our goals for this year. We are all very excited and eager to do our very best for our school community, so please do look forward to a year full of wonderful events and activities planned for you to participate in.

We are very pleased to announce we have filled the position of Secretary as Janine Creighton has offered her time and expert knowledge to take on this very important role. Thank you Janine!

We are seeking a new Treasurer whose role is to:

- be responsible for the receipt of all moneys paid to or received by the treasurer on behalf of the Association and shall issue receipts for those moneys in the name of the Association
- pay all moneys referred to in paragraph (a) into such account or accounts of the Association as the Committee may from time to time direct
- make payments from the funds of the Association with the authority of a general meeting or of the Committee and in so doing ensure that all cheques are signed by the authorised officers
- whenever directed to do so by the President, submit to the Committee a report balance sheet or financial statement in accordance with that direction
- have custody of all securities, books and documents of a financial nature and the accounting records of the Association, including those referred to in paragraph (d) and (e)
- perform such other duties as are imposed by the Constitution.

No formal qualifications are required. All we need is for you to have the time to undertake this role and we will provide you with any training that is required. If you can see yourself in this very important role, please contact either Sue Fox or Ros Carroll via the office.

Upcoming Events!

Easter Raffle
Preparations have commenced for our Easter Raffle and the raffle tickets will be going out with next week’s newsletter

Heather Brae Supa Slice and Bakery Treats
As this was a very popular and successful event last year, we will run a similar drive this year, please look out for your order forms in next week’s newsletter.

MUSIC SCHOLARSHIPS

Lumen Christi College are seeking applicants for the 2017 Music Scholarship. Applications close on Friday, 11 March and are available from our website http://web.lumen.wa.edu.au/enrolments/scholarships/year-7-music-scholarship

The Year 7 Music Scholarship/s are awarded on the basis of musical aptitude and according to the instrumental requirements of the College ensembles.

Applicants may be offered a scholarship to study a different instrument.

The Scholarship is tenable for Years 7 to 9, and will cover the College music tuition fees.

Applications

Applicants for the Year 7 Music Scholarship will need to download the application form on this web page. Please make sure a copy of the student’s most recent school report is submitted with the application. Other documents in support of the application are welcomed. Please do not include original documentation.
TERM DATES 2016—STUDENTS

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<th>Term Three</th>
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<tr>
<td>1 February</td>
<td>27 April</td>
<td>19 July</td>
<td>11 October</td>
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<td>8 April</td>
<td>1 July</td>
<td>21 September</td>
<td>9 December</td>
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**ABSENTEES/SICKNESS**

In order for the school to reconcile attendance it is a requirement that a message is left on the Absentee Line 9251 3005 as emails to teachers are often not opened at the start of the day. Your co-operation in this regard is appreciated.

**UNIFORM SHOP OPENING HOURS**

**TERM TIME ONLY**

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If you are unable to come at these times please complete a uniform order form available from the Office, pay for it and your orders will be filled and delivered to your child’s class.

**RECYCLE YOUR USED BATTERIES INTO THE BATTERY RECYCLING BIN IN THE LIBRARY MONDAY—FRIDAY**

**COMMBANK SCHOOL BANKING**

EVERY TUESDAY BUT BOOKS MUST BE IN ON

**GOING HOME THIS WEEK**

For whatever the reason - should you require a hard copy of the Newsletter, please call in to the Office. Thank you.

**SCHOOL HOURS:** Mon - Fri 8.30am to 2.45pm

**Office Hours:** Mon - Fri 8.00am to 4.00pm

**APPOINTMENTS**

Parents are reminded to contact Mrs Hall in order to set up an appointment with staff members.

**Principal:** By appointment only.

Loreto Child Care Centre: 9251 3014
Outside School Hours Care:  9251 3015
0417 091 296

**PARISH TIMETABLE**

**WEEKEND MASS TIMES**

Saturday Vigil 6.00pm
Sunday 8.00am and 10.00am

**WEEKDAY MASS TIMES:**

Tuesday, Thursday & Friday 8.45am
Wednesday 8.45am Parish or School Mass
Saturday—8.45am

**RECONCILIATION**

Sat 5.00-5.30pm before Mass or anytime by Appointment.
PH: 9459 4459
Website: www.thornlie.perthcatholic.org.au

**CANTEEN ROSTER**

7-11 MARCH 2016

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<td>Y. MIYAMOTO</td>
<td>F. SERONEY#</td>
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<td>S.CHESTER*</td>
<td>Y. D’CRUZ*</td>
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