15/06/2016

PROTECTIVE BEHAVIOIRS

During the term, every class has focussed on Protective Behaviours in their health classes. The program aims to empower our children and to educate them in ensuring their own safety. These skills are vital for EVERY child as adults are not always there to protect them in difficult situations. Below are some of the concepts your child may have been learning about and are important life skills for you, as parents, to discuss with your children.

Feelings Vocabulary – it is important to model and discuss both positive and negative feelings. By increasing the children's feelings vocabulary, it allows them to describe how they are feeling rather than reacting to how they are feeling. Name your own emotions and model appropriate reactions to them. Include some of these: anger, ashamed, bored, confused, disappointment, embarrassed, frustrated, guilt, hurt, jealous, lonely, nervous, proud, safe, scared, shamed, shock, shy, sorry, surprised, unsafe, worried.

Early Warning Signs – our body’s way of telling us that we feel unsafe. They are sometimes known as our ‘gut feelings’. They can be different for each of us and may include sweaty palms, feeling unable to move, rapid heartbeat, butterflies in our tummy, goose bumps, etc. It is important for children to trust and listen to their Early Warning Signs to help keep them safe. Talk to your child about times when you get your early warning signs, such as when someone cuts you off in the traffic, or when a dog barks at you when you walk past a house.

Dobbing and Telling – there is a difference between dobbing and telling! Dobbing is when you are trying to get someone into trouble for matters that are really insignificant, such as not packing away or using the wrong coloured pencil. Dobbing is not OK. Telling on the other hand is important. It is when you feel unsafe or uncomfortable about a situation in which you or someone else is involved. This is important to tell an adult and continue telling until someone listens.

Risking on Purpose – children need to be encouraged to be adventurous, in a positive, healthy and informed way. They need to be able see the difference between making good choices, especially when trusted adults are not around, and reckless, unsafe or destructive behaviours. Sometimes we choose to risk on purpose when we are learning a new skill such as riding a bike or skydiving. Sometimes we will fail or make a mistake. That’s OK and it’s how we learn and build resilience. Talk to them about a time you took a risk on purpose to learn something new and kept trying and trying until you accomplished the task.
CROSS COUNTRY

Thank you to Miss Lauren Shaw for preparing children for today’s cross country competition. It was wonderful to see the children doing their very best, even if running long distances isn't one of their talents. The determination and persistence displayed was something to be very proud of. Congratulations to all participants.

IMPORTANT UPCOMING EVENTS

21 June First Penance Parent Information Evening 6.30pm
22 June Welch House Mass 8.45am (all parents and friends invited to attend) followed by Australia’s Biggest Morning Tea in the School Hall—entry fee by donation
23 June Year 6 Lightning Carnival (Netball, Soccer and AFL)—Madia Vale Reserve, 9.30am to 2pm
25 June Confirmation Family Day
1 July EduDance Concerts—School Hall: Blue classes 1.00—1.40pm White classes 2.00-2.40pm
1 July Last Day of school for staff and students
18 July Term 3 commences

HEAD LICE

A reminder with the change in seasons:

- Check hair regularly for head lice and eggs. Early treatment of head lice can prevent it spreading further to close contacts.
- Tie long hair back.
- Hair gel or mousse may help keep stray hair strands from coming in contact with other heads.
- Avoid sharing combs or brushes.
- If you have recently had head lice, leave brushes and combs in hot water for 10 minutes after use to kill any trapped head lice or eggs. Clean them with an old toothbrush to help remove any waste.
- Remind your child to avoid head-to-head contact with other children.

Eagles Cup

Week 8 Friday 17 June—Sacred Heart v St Munchins—Home
Soccer & AFL — Walter Padbury Reserve (Berehaven Ave & Cassidy Rd)
Netball— Sacred Heart Thornlie
It’s a Girl—Congratulations!

Congratulations to Ms Wiryadinata and family on the safe arrival of baby Emeline Arya Tan.

Born 7 June 2016, weighing 2.92 kg. Mummy and baby doing well!
Thornlie Youth Choir

Congratulations to Sandy Louis and the Thornlie Youth Choir. The choir won first place in the weekend’s Go Gospel competition at His Majesty’s Theatre as well as winning the People’s Choice Award with over 470 likes!! Thank you to all who supported them. What a fantastic effort!
TERM DATES 2016—STUDENTS

<table>
<thead>
<tr>
<th>Term One</th>
<th>Term Two</th>
<th>Term Three</th>
<th>Term Four</th>
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</thead>
<tbody>
<tr>
<td>1 February</td>
<td>27 April</td>
<td>19 July</td>
<td>11 October</td>
</tr>
<tr>
<td>8 April</td>
<td>1 July</td>
<td>21 September</td>
<td>9 December</td>
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</tbody>
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ABSENTEES/SICKNESS
In order for the school to reconcile attendance it is a requirement that a message is left on the Absentee Line 9251 3005 as emails to teachers are often not opened at the start of the day. Your co-operation in this regard is appreciated.

School Hours: Mon - Fri 8.30am to 2.45pm
Office Hours: Mon - Fri 8.00am to 4.00pm

APPOINTMENTS
Parents are reminded to contact the office in order to set up an appointment with staff members.

Principal: By appointment only.

Loreto Child Care Centre: 9251 3014
Outside School Hours Care: 9251 3015
0417 091 296

PARISH TIMETABLE
WEEKEND MASS TIMES
Saturday Vigil 6.00pm
Sunday 8.00am and 10.00am

WEEKDAY MASS TIMES:
Tuesday, Thursday & Friday 8.45am
Wednesday 8.45am Parish or School Mass
Saturday—8.45am

RECONCILIATION
Sat 5.00-5.30pm before Mass or anytime by Appointment.
PH: 9459 4459
Website: www.thornlie.perthcatholic.org.au

UNIFORM SHOP OPENING HOURS
TERM TIME ONLY

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Monday</td>
<td>8.00-9.00 am</td>
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<tr>
<td>Tuesday</td>
<td>Closed</td>
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<tr>
<td>Wednesday</td>
<td>Closed</td>
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<tr>
<td>Thursday</td>
<td>8.00—9.00 am</td>
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<tr>
<td>Friday</td>
<td>2.30-3.30pm</td>
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If you are unable to come at these times please complete a uniform order form available from the Office, pay for it and your orders will be filled and delivered to your child’s class.

RECYCLE YOUR USED BATTERIES INTO THE BATTERY RECYCLING BIN IN THE LIBRARY MONDAY—FRIDAY

COMMBANK
SCHOOL BANKING EVERY MONDAY.

Monday D. BARKER
Tuesday A. FERNANDES
Wednesday S WEALE A. POWE
Thursday R. COLLERAN C. DAVID
Friday S. CHESTER K. AGOSTINO B. TRIBBECK*

CANTEEN ROSTER
20—14 JUNE 2016

Uniform Shop - Opening Hours
The Uniform Shop will be open on Friday 24 June at 8.00—9.00am AND 2.30-4.00pm.

The Uniform Shop will be closed the last week of Term 2 and will re-open for Term 3 on Monday 18 July at 8am.

Lost Winter Jumpers
Purujit Solanki—4B
Zachary Venables—2B
Please check to see if you have one of these and return to the office.

MAGUIRE 137
MURPHY 140
WELCH 74
WRIGHT 96

Honour Certificates

<table>
<thead>
<tr>
<th>Year</th>
<th>Student Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>YR1</td>
<td>ZACHARIAH SOANS-SEAN WELCH-PAYTON de WIND</td>
</tr>
<tr>
<td>YR2</td>
<td>ASMARET WOLDEMICHAELE—CHLOE LACOPO</td>
</tr>
<tr>
<td>YR3</td>
<td>ALINA KELLY-VICARIO GRACIAS-CRISTIAN &amp; GISELLA COLLETTI</td>
</tr>
<tr>
<td>YR4</td>
<td>MAYGEN BROSZTL-JORDAN ROBBIN</td>
</tr>
<tr>
<td>YR5</td>
<td>CIARA BUONOMO-ANNABEL HARDY</td>
</tr>
<tr>
<td>YR6</td>
<td>MICHAEL MORABITO-CONNOR HARDY-JACK KAY-JESSIE JENKINS</td>
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</tbody>
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